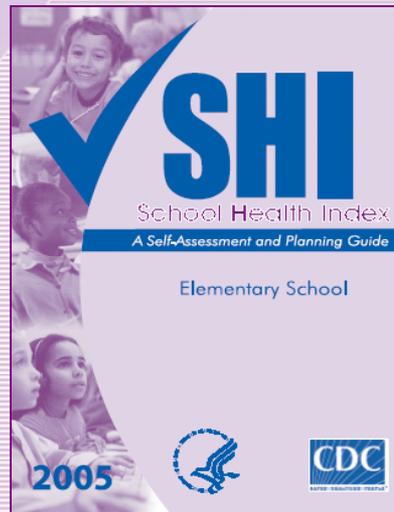




DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR DISEASE CONTROL AND PREVENTION



CDC's School Health Index



Anu Pejavara, MPH, CHES

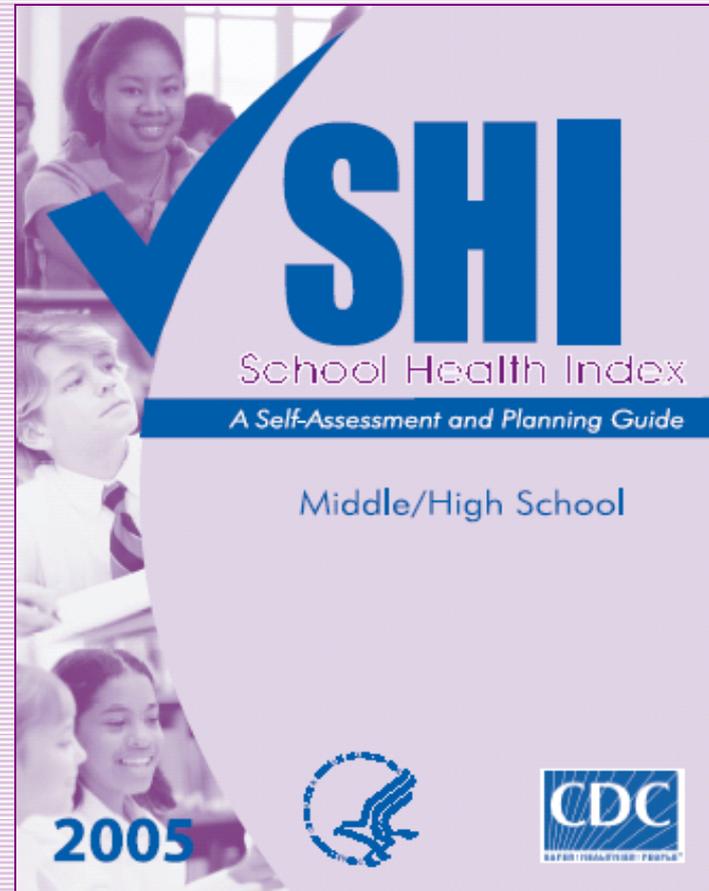
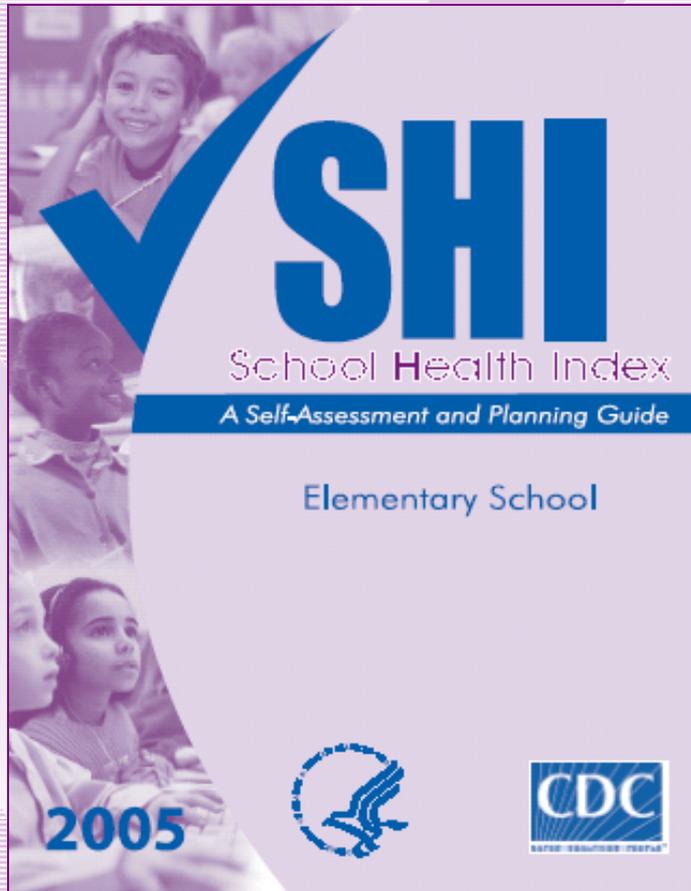
Division of Adolescent and School Health (DASH)
Centers for Disease Control and Prevention (CDC)

June 22, 2010

Webinar Overview

- SHI PEP Requirements
- Purpose and Overview of SHI
- Steps to Complete SHI
- How to Use Online SHI

School Health Index: A Self-Assessment and Planning Guide



PEP Requirements for SHI

- Must complete physical activity and nutrition questions in Modules 1-4
- Must submit Overall ScoreCard
- Must correlate School Health Improvement Plan to project design
- Must also complete same modules of SHI at the end of project period, and submit Overall ScoreCard
- For CBOs not partnering with a school or LEA: must use an alternative needs assessment tool

What is the Purpose of the SHI?

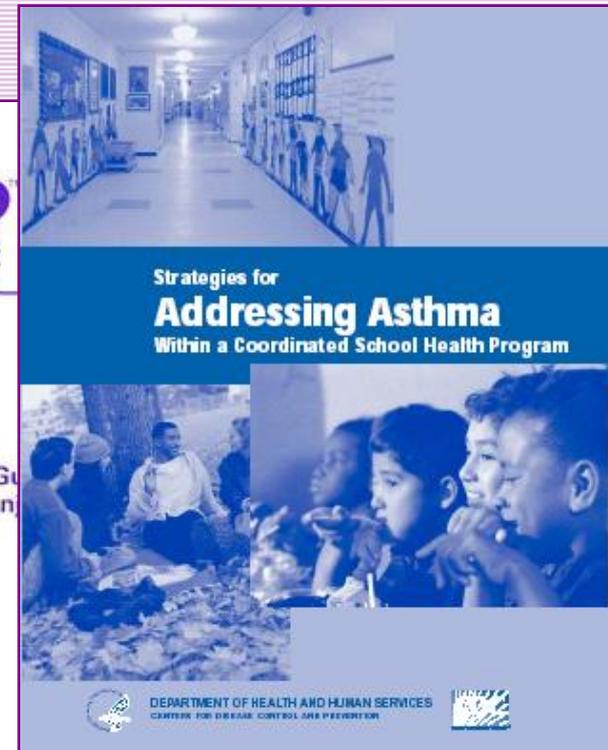
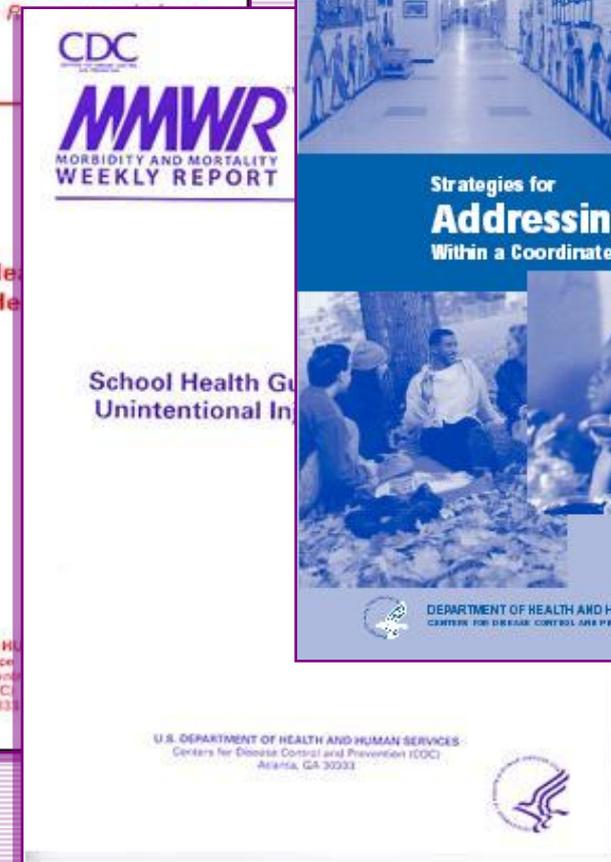
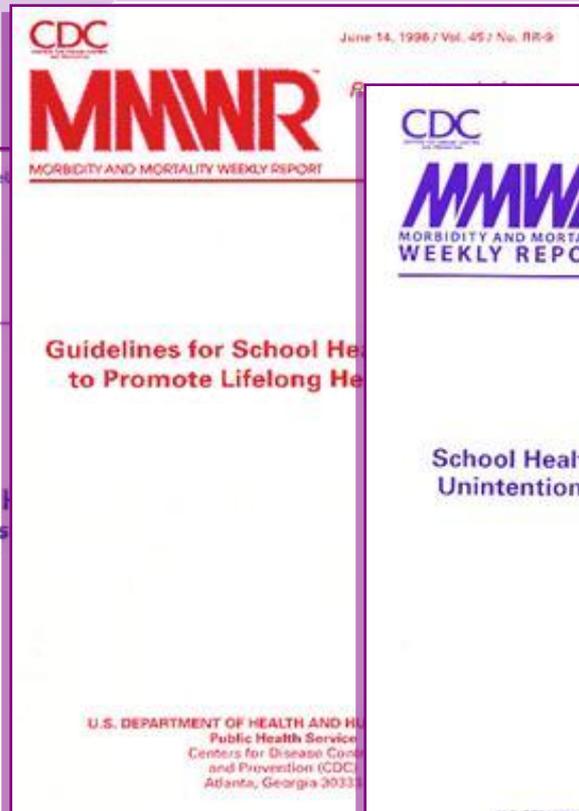
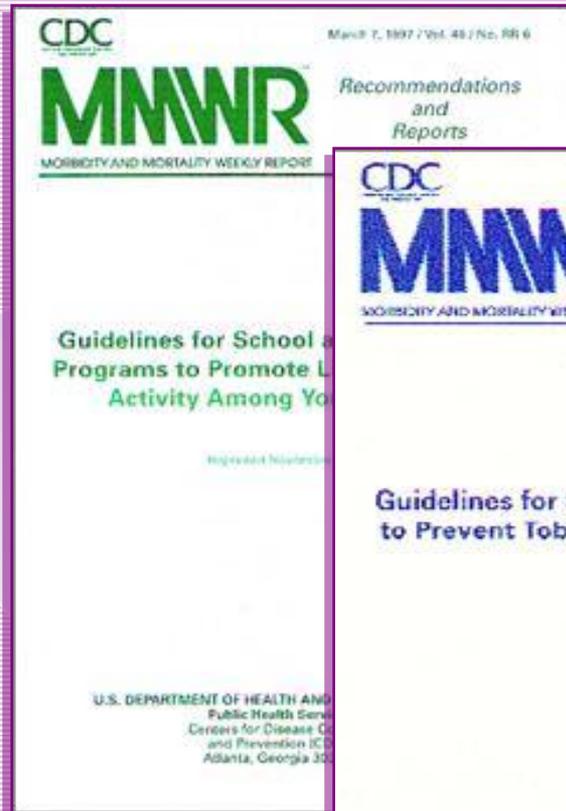
- Enables schools to identify strengths and weaknesses of health policies and programs
- Enables schools to develop an action plan for improving student health
- Engages teachers, parents, students, and the community in promoting health enhancing behaviors and better health

SHI (4th edition) Health Topics



- Physical activity
- Healthy eating
- Tobacco use prevention
- Unintentional injuries and violence prevention (safety)
- Asthma

CDC Guidelines & Strategies for School Health Programs



Coordinated School Health Programs



Making a Difference

- Created school health team
- Moved healthier options to front of lunch line
- Increased time for physical education
- Started staff and student walking clubs
- Added healthy choices to vending machines
- Offered access to gym outside of school hours
- Provided parent education through newsletters and healthy activity nights
- Replaced fried foods with baked items
- Offered health screenings for staff
- Planted school garden
- Incorporated health lessons/messages into classroom lessons

Current Uses of the SHI

- Used in at least 46 U.S. states
- Used internationally in Canada, Mexico, Egypt, Saudi Arabia, Oman, and West Africa
- State examples:
 - 300 schools in Missouri
 - 139 schools in Kentucky
 - 109 schools in Kansas
- District/city examples:
 - All 143 schools in DeKalb County and 114 schools in Cobb County (Atlanta)
 - All 345 schools in Miami-Dade County
 - All 130 metro Nashville schools
- One of DASH's most popular publications - both online and hard copy

What SHI Is & What SHI Is NOT

Self-assessment and
planning tool

~~Research or evaluation tool~~

Community-organizing
and educational process

~~Tool to audit or punish
school staff~~

What SHI Is & What SHI Is NOT

Identifies low-cost or no-cost changes

~~Requires expensive changes~~

Focused, reasonable, and user-friendly experience

~~Long, bureaucratic, and painful process~~

SHI Format

- Completed by school health teams
- Two separate versions:
 - Elementary School
 - Middle School/High School
- Self-Assessment: 8 modules corresponding to Coordinated School Health Program model
- Planning: Planning for Improvement section

Modules = CSHP Components

1. School Health and Safety Policies and Environment
2. Health Education
3. Physical Education and Other Physical Activity Programs
4. Nutrition Services
5. School Health Services
6. School Counseling, Psychological, and Social Services
7. Health Promotion for Staff
8. Family and Community Involvement

Question Coding

PA = physical activity

N = nutrition

T = tobacco-use prevention

S = safety (unintentional injury and violence prevention)

A = asthma

CC = cross-cutting

Number of SHI Items Required by PEP

	Elementary	Middle/High
Module 1: School Health and Safety Policies and Programs	4 PA 5 N	3 PA 4 N
Module 2: Health Education	1 PA 1 N	1 PA 1 N
Module 3: Physical Education and Other Physical Activity Programs	13 PA	19 PA
Module 4: Nutrition Services	14 N	14 N
TOTAL	38	42

Process for Implementing SHI

1. Create school health team

Possible Team Members

- Principal/Assistant Principal
- Physical education teacher
- School food service manager
- Health education teacher
- Classroom teacher
- School nurse
- School counselor
- School psychologist/
social worker
- Janitor/custodian
- Parent
- Students
- Community-based health care and social services providers
- Community health organization representative (e.g., ACS)
- Local health department staff member

Process for Implementing SHI

1. Create school health team
2. Introduce SHI to team (using SHI Training Manual or CDC-sponsored SHI workshop)

SHI Training Manual

School Health Index - Training Manual - DASH/HealthyYouth - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Back Forward Stop Refresh Home Search Favorites

Address <http://www.cdc.gov/HealthyYouth/SHI/training/index.htm> Go Links

[Healthy Youth](#)

[School Health Index](#)

[Share Your Stories and Comments!](#)

Training Manual

The *School Health Index (SHI) Training Manual* is a packaged set of materials for conducting trainings or presentations on the *School Health Index: A Self-Assessment and Planning Guide*. This manual provides detailed materials and resources on how to implement the SHI in schools. Users can select the most appropriate sections of the training manual and customize those components to best suit their needs. This manual is intended to be used in conjunction with the School Health Index which can be completed interactively, downloaded, or printed from the Web site at [School Health Index](#).

- 1. Background**—Carefully read through the *School Health Index: A Self-Assessment and Planning Guide* and this SHI Training Manual.
- 2. Select Your Agenda**—The School Health Index can be presented in a variety of settings. Select one of the three agendas below that is most appropriate for your audience and situation.

For example, if you are a parent who wants to present the SHI at a school board meeting, you may want to choose the [30-Minute Pitch](#). This type of agenda will allow you to provide the audience with a short orientation to the SHI to help them gain a preliminary understanding of your intent. If you are a health educator from a state or local health department wanting to train school nurses on how to implement the SHI, you may choose to conduct a [Half-Day Workshop](#) or a [Full-Day Training](#), depending on the amount of time that is available to you. Obviously, the more time you have, the more comprehensive a training you can provide.

SHI TRAINING MANUAL			
Sections	30-Minute Pitch	Half-Day Workshop	Full-Day Training
Instructions	X	X	X
Purpose & Overview		X	X
Orientation	X	X	X
Test Your Knowledge			X
Consensus Building		X	X
Practice Module		X	X
Planning for Improvement		X	X
Tools for Schools			X
Role of SHI Coordinator			X
Trainer's Resources	X	X	X

Done Local intranet

SHI Training Manual

The screenshot shows a Windows Internet Explorer browser window. The address bar contains the URL: <http://www.cdc.gov/HealthyYouth/SHI/training/03-Orientation/index.htm>. The browser's title bar reads "School Health Index - Training Manual: Orientation - DASH/HealthyYouth - Windows Internet Explorer".

The webpage content includes the CDC logo and navigation links: "CDC Home", "Search", and "Health Topics A-Z". The main heading is "Healthy Youth!" followed by "National Center for Chronic Disease Prevention and Health Promotion". The page title is "School Health Index: Training Manual Orientation".

On the left side, there is a vertical navigation menu with the following items: "Healthy Youth", "SHI Training Manual" (highlighted), and "Share Your Stories and Comments!".

The main content area features two links: "Activity Plan: Orientation [pdf 95K, text 12K]" and "Slides: Orientation [ppt 1.2Mb, pdf 1.7Mb, text 120K]".

A paragraph of text states: "Documents on this page are available in Portable Document Format (PDF). Learn more about viewing and printing these documents with [Acrobat Reader](#). Accessible text versions in Rich Text Format (RTF) are provided for those using assistive technology."

At the bottom, there are several footer links: "Healthy Youth Home | Contact Us", "CDC Home | Search | Health Topics A-Z", and "Policies and Regulations | Disclaimers".

DASH Training Network (D-Train) Free SHI Workshops Available!

- Master trainer will come to your site!
- Free workshop = trainer expenses
- Eligibility
 - 4-8 hour workshop
 - Hosted by state/local agency; not meant for individual schools
- Request a FREE workshop at:
www.cdc.gov/HealthyYouth/DTrain

Process for Implementing SHI

1. Create school health team
2. Introduce SHI to team (using SHI Training Manual or CDC-sponsored SHI workshop)
3. Module completion (in small groups separately or together as a full team)

Finding time to do SHI

- Small group meetings
- Professional development day
- Teacher workday
- Staff meetings
- PTA/PTO meetings
- Continuing education credits

Discussion Questions: Example

PA.2 Access to physical activity facilities outside school hours

Can all students use your school's indoor and outdoor physical activity facilities outside school hours*?

**Outside school hours means after school, and during evenings, weekends, and school vacations.*

NOTE: Use of indoor facilities should be supervised.

Discussion Questions: Example

3 = Yes, both indoor and outdoor facilities are available to all students.

2 = Indoor or outdoor facilities, but not both, are available to all students.

1 = Indoor or outdoor facilities are available to all students, but the hours of availability are very limited.

0 = No, neither indoor nor outdoor facilities are available to all students.

Completed Module Scorecard

SCHOOL HEALTH INDEX - ELEMENTARY SCHOOL

Module 1: School Health and Safety Policies and Environment Score Card

Instructions

- Carefully read and discuss the Module 1 Discussion Questions (pages 5-21), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 1 Planning Questions located at the end of this module (pages 23-24).

	Fully In Place	Partially In Place	Under Develop- ment	Not in Place
CC.1 Representative school health committee	3	2	1	0
CC.2 Written school health and safety policies	0	2	1	0
CC.3 Communicate school health and safety policies to students, parents, staff, and visitors	0	2	1	0
CC.4 Connectedness to school	3	2	1	0
CC.5 Overcome barriers to learning	3	2	1	0
CC.6 Enrichment experiences	3	2	1	0
S.1 Safe physical environment	3	2	1	0
S.2 Maintain safe physical environment	3	2	1	0
S.3 No tolerance for harassment or bullying	0	2	1	0
S.4 Active supervision to promote safety	0	2	1	0
S.5 Written crisis response plan	3	2	1	0
S.6 Staff development on unintentional injuries, violence, and suicide	3	2	1	0
PA.1 Recess	3	2	1	0
PA.2 Access to physical activity facilities outside school hours	3	2	1	0
PA.3 Adequate physical activity facilities	3	2	1	0
PA.4 Prohibit using physical activity as punishment	3	2	1	0
N.1 Prohibit using food as reward or punishment	3	2	1	0
N.2 Fundraising efforts supportive of healthy eating	3	2	1	0
N.3 Restrict access to foods of minimal nutritional value	3	2	1	0
N.4 Restrict access to other foods of low nutritive value	3	2	1	0
N.5 Hands washed before meals and snacks	3	2	1	0
T.1 Prohibit tobacco use among students	0	2	1	0
T.2 Prohibit tobacco use among staff and visitors	3	2	1	0
T.3 Enforce tobacco-use policies	3	2	1	0
T.4 Prohibit tobacco advertising	3	2	1	0
A.1 Written policies for self-carry and self-administration of medications	3	2	1	0
A.2 Professional development on asthma	3	2	1	0
A.3 Implement indoor air quality practices	3	2	1	0
A.4 Implement integrated pest management practices	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

15	14	6	0
----	----	---	---

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (87) by subtracting 3 for each question eliminated).

TOTAL POINTS: Add the four sums above and enter the total to the right.

35

MODULE SCORE =
(Total Points / 87) X 100

40%

Module Planning Questions 1 & 2

- Planning Question 1: Look back at the scores you assigned to each question. According to these scores, what are the **strengths** and **weaknesses** of your school's policies and environment related to health and safety?
- Planning Question 2: For each of the weaknesses identified above, list several recommended actions to improve the school's scores (e.g., create and maintain a school health committee).

Completed Planning Question 3

SCHOOL HEALTH INDEX – ELEMENTARY SCHOOL

Planning Question 3. List each of the actions identified in Planning Question 2 on the table below. Use the five-point scales defined below to score each action on five dimensions (importance, cost, time, commitment, feasibility). Add the points for each action to get the total points. Use the total points to help you choose one, two, or three top priority actions that you will recommend to the *School Health Index* team for implementation this year.

Importance	How important is the action? 5 = Very important 3 = Moderately important 1 = Not important		
Cost	How expensive would it be to plan and implement the action? 5 = Not expensive 3 = Moderately expensive 1 = Very expensive		
Time	How much time and effort would it take to implement the action? 5 = Little or no time and effort 3 = Moderate time and effort 1 = Very great time and effort		
Commitment	How enthusiastic would the school community be about implementing the action? 5 = Very enthusiastic 3 = Moderately enthusiastic 1 = Not enthusiastic		
Feasibility	How difficult would it be to attain the action? 5 = Not difficult 3 = Moderately difficult 1 = Very difficult		

Module I Actions	Importance	Cost	Time	Commitment	Feasibility	Total Points	Top Priority Action?
Meet with principal to form school health committee	5	5	4	3	3	20	√
Conduct staff development on active supervision techniques.	4	4	2	3	4	17	
Open indoor and outdoor facilities outside of school hours	3	5	5	3	5	21	√
Fundraising alternatives	3	5	4	2	2	16	
Better tobacco-use policies	2	5	5	5	3	20	√
More and continued staff development on violence and injury prevention	4	3	3	4	4	18	

Keep in Mind...

- Answer questions as accurately as possible. This is a self-help tool, not an instrument for punishing staff.
- There is no passing grade. This is designed to help you understand your school, not to compare your school with other schools.
- You should EXPECT to get at least some low scores. Low scores can help you build awareness of areas needing improvement.

Process for Implementing SHI

1. Create school health team
2. Introduce SHI to team (using SHI Training Manual or CDC-sponsored SHI workshop)
3. Module completion (in small groups separately or together as a full team)
4. Complete Overall ScoreCard

Completed Overall Scorecard

SCHOOL HEALTH INDEX – ELEMENTARY SCHOOL

School Health Index
Overall Score Card

For each module (row), write an X in the one column where the Module Score falls*

	Low 0 – 20%	21% – 40%	Medium 41% – 60%	61% – 80%	High 81% – 100%
School Health Policies and Environment – Module 1			X		
Health Education – Module 2					X
Physical Education and Other Physical Activity Programs – Module 3	X				
Nutrition Services – Module 4				X	
School Health Services – Module 5			X		
School Counseling, Psychological, and Social Services – Module 6		X			
Health Promotion for Staff – Module 7	X				
Family and Community Involvement – Module 8		X			

* Some schools like to write the module scores in each box.

Process for Implementing SHI

1. Create school health team
2. Introduce SHI to team (using SHI Training Manual or CDC-sponsored SHI workshop)
3. Module completion (in small groups separately or together as a full team)
4. Complete Overall ScoreCard
5. Select 3-5 actions for upcoming school year
6. Develop School Health Improvement Plan (actions, steps, by when, by whom)

School Health Improvement Plan

SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

School Health Improvement Plan

Instructions

1. In the first column: list, in priority order, the Actions that the School Health Index team has agreed to implement.
2. In the second column: list the specific Steps that need to be taken to implement each Action.
3. In the third column: list the people who will be responsible for each Step and when the work will be completed.

Actions	Steps	By Whom and When
1.	a. _____ b. _____ c. _____ d. _____ e. _____ f. _____ g. _____	_____ _____ _____ _____ _____ _____ _____

Continued on next page

Completed Action Plan

SCHOOL HEALTH INDEX

Sample School Health Improvement Plan

Instructions

1. In the first column: list the Actions that the School Health Index team has agreed to implement.
2. In the second column: list the specific Steps that need to be taken to implement each Action.
3. In the third column: list the people who will be responsible for each Step and when the work will be completed.

Actions	Steps	By Whom and When
1. Offer asthma education to students with asthma.	a. Develop survey to assess interest in asthma education (including when, where, and how often the program would occur).	Sally, Jim, and Jack, 10/2
	b. Ask students with asthma to complete survey.	Mildred P. 10/15
	c. Collect surveys and compile results into one-page summary.	Sally H. 10/25
	d. Contact American Lung Association for information on Open Airways.	Henry T. 11/3
	e. Present survey results and project plans to principal to get support for program and to request space for asthma education.	Sally H. 11/10
	f. Ask classroom teachers to allow students with asthma to participate in asthma education.	Mildred P. 11/26
	g. Create brochure and posters to promote program.	Henry T. 12/2
	h. Schedule and conduct asthma education.	Jim 12/15
	i. Get feedback from teachers, parents, and students regarding the program and its effectiveness.	Jack 1/15

Process for Implementing SHI

1. Create school health team
2. Introduce SHI to team (using SHI Training Manual or CDC-sponsored SHI workshop)
3. Module completion (in small groups separately or together as a full team)
4. Complete Overall ScoreCard
5. Select 3-5 actions for upcoming school year
6. Develop School Health Improvement Plan (actions, steps, by when, by whom)
7. Implement plan
8. Reassess at end of project period

What are the keys to success?

- School health champion (strong leadership)
- Administrative buy-in
- Team representation, cohesion, and commitment
- Clear, organized, and well-facilitated process (many schools are using outside facilitators)
- Starting with small, achievable goals
- Highlighting and build on successes

Use of SHI Results

- Many actions will require NO new resources or responsibilities
- For actions requiring new resources, results can help:
 - Provide information to stimulate administration, school board, or community support
 - Establish data and justification for funding requests
 - Mini-grants offered through state/local agencies
 - Grants offered through foundations
 - Donations/grants through local businesses

SHI ONLINE

www.cdc.gov/HealthyYouth/SHI



National Center for Chronic Disease Prevention and Health Promotion

Healthy Youth!

Welcome to the School Health Index (SHI)

A Self-Assessment and Planning Guide

The SHI is a self-assessment and planning tool that schools can use to improve their health and safety policies and programs. It's easy to use and completely confidential.



[Introduction: What can the SHI do for my school?](#)

[Instructions: How can my school implement the SHI?](#)

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Team Name:



Password:

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[Forgot your Team Name or Password?](#)

Get Started

[Participate Online](#)

This popular self-assessment and planning tool for schools is now available online!

[Participate Using a Paper Format](#)

Just need a paper copy? Download the PDF, customize and print a copy, or order a printed copy.

Need help? [Read instructions](#) on how to use the School Health Index.

* Conditions of Use and Logon

This is a U.S. Federal Government system and shall be used only by authorized persons for authorized purposes.



National Center for Chronic Disease Prevention and Health Promotion

Healthy Youth!

School Health Index (SHI)
Participate Using a Paper Format

Choose from the following options:

PDF Download

The following SHI paper versions include introduction, instructions, sample score card, sample plans for improvement, modules, and resources.

- [SHI for Elementary Schools](#) [pdf 1.5MB, 201 pages]
- [SHI for Middle and High Schools](#) [pdf 1.5MB, 209 pages]

Customizable Paper Format

If you prefer not to download the entire School Health Index you may access this [customizable paper format](#) and select **only** those health topics you wish to address. After selecting the health topics, you will be able to print and complete the SHI on paper.

Order a Printed Copy

You may also [place an order](#) for the full printed version of the School Health Index (see the **School Health** category on the order form).

- [Healthy Youth Home](#)
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Team Name:



Password:

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[New User](#)

[Forgot your Team Name or Password?](#)

Get Started

[Participate Online](#)

This popular self-assessment and planning tool for schools is now available online!

[Participate Using a Paper Format](#)

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Need help? [Read instructions](#) on how to use the School Health Index.

* Conditions of Use and Logon

This is a U.S. Federal Government system and shall be used only by authorized persons for authorized purposes.



Healthy Youth!

School Health Index (SHI)

Participate Online

Register and create an online index for your school. If your team has participated before, [go to your school's online SHI](#).

Step 1: Register your team by completing all of the following fields

Team Name:



(20 character limit - recommended format:

[State Abbreviation - State School District ID - State School ID](#))

Password:

Confirm Password:

(10 character limit)

E-mail Address:

Send me notification when new editions are published.

All information provided is anonymous. This information is used only for correspondence directly related to your online SHI. For more information, refer to [SHI Privacy Information](#).

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[Log out](#)

School Health Index (SHI)

DASHSHI, Welcome to your SHI

[Help](#)[PEP](#) [SHI History](#)

SHI Edition: Asthma SHI Created: 06/16/2010 Last Activity: 06/17/2010

 Physical Activity  Nutrition

- [Create a New SHI](#)
- [SHI Profile](#)
- [Edit Team Information](#)

[Instructions](#) | [Modules/Questions](#) | [Overall Scorecard](#) | [Plan for Improvement](#)

Modules/Questions

 [Print this Page](#)

Select a Module and begin answering the Discussion Questions.

 **Module Complete**

Module 1. School Health and Safety Policies and Environment

[Discussion Questions](#) | [Scorecard and Planning Questions](#) | [Summary](#) |  [Resources](#)

Module 2. Health Education

[Discussion Questions](#) | [Scorecard and Planning Questions](#) | [Summary](#) |  [Resources](#)

Module 3. Physical Education and Other Physical Activity Programs

[Discussion Questions](#) | [Scorecard and Planning Questions](#) | [Summary](#) |  [Resources](#)

Module 4. Nutrition Services

[Discussion Questions](#) | [Scorecard and Planning Questions](#) | [Summary](#) |  [Resources](#)

Module 5. Health Services

[Discussion Questions](#) | [Scorecard and Planning Questions](#) | [Summary](#) |  [Resources](#)

Module 6. Counseling, Psychological, and Social Services



Module 1

School Health and Safety Policies and Environment

Discussion Questions

8 of 15

Access to physical activity facilities outside school hours (PA.2)

8. Can all students use your school's indoor and outdoor physical activity facilities outside school hours*?

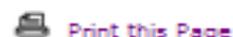
*Outside school hours means after school, and during evenings, weekends, and school vacations.

NOTE: Use of indoor facilities should be supervised.

- Yes, both indoor and outdoor facilities are available to all students.
- Indoor or outdoor facilities, but not both, are available to all students.
- Indoor or outdoor facilities are available to all students, but the hours of availability are very limited.
- No, neither indoor nor outdoor facilities are available to all students.
- Does not apply

[<< Previous](#)[Next >>](#)

Module 1 Scorecard & Planning Questions



This is your scorecard for the questions you completed in Module 1

		Fully in place	Partially in place	Under development	Not in place	Does not apply
1.	Representative school health committee (CC.1)					
2.	Written school health and safety policies (CC.2)					
3.	Communicate school health and safety policies to students, parents, staff, and visitors (CC.3)					
4.	Connectedness to school (CC.4)					
5.	Overcome barriers to learning (CC.5)					
6.	Enrichment experiences (CC.6)					
7.	Recess (PA.1)		2			
8.	Access to physical activity facilities outside school hours (PA.2)				0	
9.	Adequate physical activity facilities (PA.3)		2			
10.	Prohibit using physical activity as punishment (PA.4)				0	
11.	Prohibit using food as reward or punishment (N.1)	3				
12.	Fundraising efforts supportive of healthy eating (N.2)				0	
13.	Restrict access to foods of minimal nutritional value (N.3)	3				
14.	Restrict access to other foods of low nutritive value (N.4)	3				
15.	Hands washed before meals and snacks (N.5)				0	
	Column Totals	9	4	0	0	-

Total Points/Maximum Points 13/27

Module 1 score 48%

Planning Questions

1. According to these scores, what are the strengths and the weaknesses of your school's policies and equipment related to students' health and safety?

Module 3

Physical Education and Other Physical Activity Programs

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Discussion Questions

1 of 13

150 minutes of physical education per week (PA.1)

1. Do all students in each grade receive physical education* for at least 150 minutes per week** throughout the school year?

*Physical education means structured physical education classes or lessons, not recess.

**Physical education classes should be spread over at least three days per week, with daily physical education preferable.

- Yes.
- 90-149 minutes per week for all students in each grade throughout the school year.
- 60-89 minutes per week for all students in each grade throughout the school year.
- Fewer than 60 minutes per week or not all students receive physical education throughout the school year.
- Does not apply

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Module 3

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Scorecard & Planning Questions

This is your scorecard for the questions you completed in Module 3

	Fully in place	Partially in place	Under development	Not in place	Does not apply
1. 150 minutes of physical education per week (PA.1)		2			
2. Adequate teacher/student ratio (PA.2)				0	
3. Sequential physical education curriculum consistent with standards (PA.3)		2			
4. Health-related physical fitness (PA.4)	3				
5. Students active at least 50% of class time (PA.5)	3				
6. Teachers avoid practices that result in student inactivity (PA.6)				0	
7. Physical education is enjoyable (PA.7)			1		
8. Promote community physical activities (PA.8)	3				
9. Credentialed physical education teachers (PA.9)	3				
10. Professional development for teachers (PA.10)		2			
11. Address special health care needs (PA.11/A.1)			1		
12. Physical education safety practices (S.1/PA.12/A.2)			1		
13. Playgrounds meet safety standards (S.2/PA.13)				0	
Column Totals	12	6	3	0	-

Total Points/Maximum Points 21/39

Module 3 score 54%

Browser address bar: <https://apps.nccd.cdc.gov/SHI/OnlineSHI/Scorecard/Overall.aspx>

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School Health Index (SHI)
DASHSHI, Welcome to your SHI

Help

PEP | **SHI History**

SHI Edition: Asthma SHI Created: 06/16/2010 Last Activity: 06/16/2010

Physical Activity Nutrition

- [Create a New SHI](#)
- [SHI Profile](#)
- [Edit Team Information](#)

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Overall Scorecard

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For each module, an "X" appears where the module score falls. Use these scores to create a [Plan for Improvement](#).

	Low		Medium		High
	0-20%	21-40%	41-60%	61-80%	81-100%
Module 1 - School Health and Safety Policies and Environment			X		
Module 2 - Health Education	X				
Module 3 - Physical Education and Other Physical Activity Programs			X		
Module 4 - Nutrition Services		X			
Module 5 - Health Services					
Module 6 - Counseling, Psychological, and Social Services					
Module 7 - Health Promotion for Staff					
Module 8 - Family and Community Involvement					

SHI Edition: Asthma SHI Created: 06/16/2010 Last Activity: 06/16/2010
 🏃 Physical Activity 🍏 Nutrition

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Plan for Improvement

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List, in priority order, the actions that the SHI team has agreed to implement. In the second column, list the steps to implement each action. In the third column, list the people who will be responsible for each step and the date the work will be completed.

[Resources for School Health and Safety](#)

Action	Steps	By whom	Date (MM/DD/YYYY)
1	A. <input type="text"/>	<input type="text"/>	<input type="text"/>
	B. <input type="text"/>	<input type="text"/>	<input type="text"/>
	C. <input type="text"/>	<input type="text"/>	<input type="text"/>
	D. <input type="text"/>	<input type="text"/>	<input type="text"/>
	E. <input type="text"/>	<input type="text"/>	<input type="text"/>



Thank You!

Questions?