

SOURCE: <https://www.mum.edu/academic-departments/physiology-and-health/dual-degree-md-ms-program/overview/>

In the Fall of 2015, Maharishi University of Management will begin a collaboration with St. Martinus University Faculty of Medicine (SMU), located on the Dutch Caribbean island of Curaçao, to offer a dual medical degree track: an MD in modern medicine with a concurrent MS in Maharishi AyurVedaSM and Integrative Medicine.

Aspiring MD's who take this program will benefit in multiple ways:

- By adding another degree to your MD credentials, you will be an exceptional applicant to medical residency programs
- You will be training for the future of medicine by focusing on integrative therapies and wellness
- You will enjoy a lovely Caribbean learning environment
- You will be eligible for US financial aid due to the program's association with a US university
- You will participate in a system of learning known as Consciousness-Based education, which gives you the intellectual and experiential basis for maximum personal growth

About the program

For the first two years, students will be in Curacao on the SMU campus studying a high quality modern medicine curriculum. Professors from MUM will also be onsite in Curacao teaching the MS in Maharishi AyurVedasm and Integrative Medicine classes. Thus, the two programs will be fully integrated with each other from the first day of class.

For the last two years, students will rotate through American hospital clinical courses in medical specialties such as internal medicine, surgery, family medicine, pediatrics, obstetrics, gynecology, and psychiatry. One of those rotations will be at the Maharishi AyurVeda and Integrative Medicine Clinic on the campus of MUM in Iowa.

During these clinical rotations, students will continue integrating modern medical and natural medical practices, via distance education and ongoing teleseminars with MUM faculty.

This collaboration between MUM and SMU promises to distinguish itself as cutting edge medicine for the modern world. These physicians will be increasingly in-demand, being able to restore a patient's health through natural, side-effect-free methodologies, as well as with more traditional medical technology.

Whether a graduate pursues clinical practice, academics, or public service/policy, this program offers the physician of integrative medicine the necessary skills to serve a population that is desperate for the answers needed to cure disease.

Program benefits

The mission of this joint venture between MUM and SMU is to train the next generation of physicians to practice medicine in a more holistic way. Through this four-year degree program, you'll earn an MD in modern medicine, while at the same time getting a MS in Maharishi AyurVedaSM and Integrative Medicine. This will provide you with the tools to combine standard modern medical practices with the powerful practice of preventative medicine. Here are some of the benefits of this exciting and innovative collaboration:

- **There is a growing demand** for integrative physicians. By adding an MS in Integrative Medicine and Maharishi AyurVedaSM to your MD credentials, you will be an exceptional applicant to medical residency programs.
- **You will gain comprehensive knowledge** of cutting edge technologies in preventative healthcare and be able to better serve your patients in a more holistic and well-rounded way. You will have all of the conventional modern medicine skills with an added bonus of being able to better assist with prevention and integrative approaches to healing. This allows you to look at your patient as a whole person, helping them heal the body, mind and spirit.
- **Studying at SMU and MUM will give you the chance** to become a MD without the debt burden of a typical US-based graduate. Tuition for this innovative dual degree is about 50% less than the average US-based medical school.
- **The MD degree from SMU allows graduates** to take the US medical licensure exams and practice integrative medicine in the US. They will also be qualified to take similar exams in other regions of the world, such as Latin America and Europe. 97% of St. Martinus University Faculty of Medicine graduates obtain residencies in North America, which is a common measure of success for a medical school.

An MS/MD student graduates with three levels of expertise:

Core knowledge

1. To personally experience the value of integrative preventive holistic integrative medicine from the knowledge of Maharishi AyurVeda in their own daily life as evidenced by regular practice of the Transcendental Meditation program, and having a balanced diet and daily routine.
2. Understand the interrelationship of mind, body and environment, how they impact health, and learn prevention, diagnosis and treatment on all these levels.
3. Understand the essential role of consciousness, the inner intelligence of the body, in creating health and longevity.
4. Understand the principle that life according to natural law results in health and violation of natural law results in illness.

Mind/body

1. Comprehend Maharishi AyurVeda anatomy and physiology in the context of the eight major organ systems
2. Learn and practice comprehensive AyurVedic health assessment techniques, including traditional pulse diagnosis, tongue diagnosis, AyurVedic health history, observation, and accurate assessment of mind-body type.

3. Know and practice lifestyle medicine, including individualized diet, daily and seasonal routine, exercise and other lifestyle recommendations for mind-body types and specific disorders.
4. Understand and apply therapeutics for the mind, including stress-reduction and self-development through Transcendental Meditation.
5. Know and apply therapeutic measures for the body, including: diet and digestion, traditional purification therapies (Pancha Karma), herbal supplements for prevention and for specific imbalances

Applied knowledge

1. Know and apply therapeutics for the environment including principles of Maharishi Vedic Architecture, which recommends specific orientation of home entrance, and direction of the head during sleep. Research shows architecture impacts health and MAV practitioners will learn to evaluate the essential components that are influencing their patients.
2. Know and apply five sense therapies (touch (massage therapy), smell (aroma therapy), sight (Maharishi Light Therapy with Gems), taste (herbs and foods), sound (Maharishi Vedic Vibration Therapy, Maharishi Vedic Sound Therapy, Maharishi Gandharva Veda)
3. Understand principles of biological rhythms and their effects on health – Maharishi JyotishSM.
4. Understand and recommend Vedic exercise (Maharishi Yoga Asanas) for mind-body integration.
5. Receive an introduction to the theory and clinical practices of other major systems of traditional and natural medicine: Traditional Chinese Medicine, Homeopathy, Osteopathic manipulative therapy, and Chiropractic, so that our graduates learn to work with or refer to specialists in these fields as part of an integrative medicine team for holistic patient care.
6. Gain clinical practice skills including history taking, pulse diagnosis, patient communication, health coaching and support during clinical cases throughout their training.

St. Martinus Recognitions and Accreditations

St. Martinus University has been formally chartered by the Government of the Netherlands Antilles in 2000. This charter grants St. Martinus University the right to confer the Doctor of Medicine degree upon its graduates, who will then be eligible for medical licensure.

The letter from the Netherlands Antilles Government granting a charter.

Furthermore, St. Martinus University is recognized and/or approved and/or listed by:

- World Health Organization (W.H.O.)
- Medical Council of India (MCI)
- Educational Commission for Foreign Medical Graduates (ECFMG)
- Ministry of Health of the island of Curaçao