Helping Your Child Through Early Adolescence

Early adolescence can be a difficult time for children and parents alike. While children are growing in their identity and abilities, parents often feel unprepared for the challenges that arise as their children mature. However, parents should know that they have an important influence on their children at this stage of development.

Of course, it’s not easy to be an adolescent. Exhaustion, a lack of support, and limited resources may make it hard for some parents to be the best parent for their child. Although there are outside influences that distract children and complicate as they mature, and they may view the early adolescent years from ages 10 through 14 as a time just “to get through.” However, parents should know that they have an important influence on their children.

As their children enter the middle grades, parents often become less involved in their lives. However, adolescents need as much attention and love from their parents as they did when they were younger—possibly more! Here are some tips to help your child through early adolescence.

- Stay involved in your child’s life, both inside and outside of school.
- Provide both unconditional love and appropriate limits to help your child thrive and feel safe.
- Learn as much as you can about early adolescence; talk with your child about how they feel.
- Encourage your child to be safe, to explore, to have fun, and to learn from their mistakes.
- Provide opportunities for your teenager to succeed.
- Help your child to be honest, to be realistic, and to value your education.
- Work with your child to become aware of the media and how to use the media appropriately.
- Model good behavior.
- Be alert to major problems; and
- Hang in there when times are tough.

We all know that mothers and fathers are the most important teachers of children. Your encouragement and support can help your child develop a stronger sense of self and build confidence.

- Mrs. Laura Bush

Encouraging Learning and School Participation

Education works best when teachers and parents work closely together. Research shows that when parents stay informed about their child’s school activities, they are more likely to be involved. The following series of publications for parents and children, designed to provide parents with the latest research and practical information to help them support their children and ensure their children’s success in school and in life.

- As children enter middle grades, parents sometimes feel unprepared for the challenges that arise as their children mature. However, parents should know that they have an important influence on their children at this stage of development.
- While adolescents are feeling insecure in their identity and abilities, parents often feel unprepared for the challenges that arise as their children mature. However, parents should know that they have an important influence on their children.

Early adolescence can be a difficult time for children and parents alike. While children are growing in their identity and abilities, parents often feel unprepared for the challenges that arise as their children mature. However, parents should know that they have an important influence on their children at this stage of development.

Tips for Parents

As children enter middle grades, parents often become less involved in their lives. However, adolescents need as much attention and love from their parents as they did when they were younger—possibly more! Here are some tips to help your child through early adolescence.

- Stay involved in your child’s life, both inside and outside of school.
- Provide both unconditional love and appropriate limits to help your child thrive and feel safe.
- Learn as much as you can about early adolescence; talk with your child about how they feel.
- Encourage your child to be safe, to explore, to have fun, and to learn from their mistakes.
- Provide opportunities for your teenager to succeed.
- Help your child to be honest, to be realistic, and to value your education.
- Work with your child to become aware of the media and how to use the media appropriately.
- Model good behavior.
- Be alert to major problems; and
- Hang in there when times are tough.

We all know that mothers and fathers are the most important teachers of children. Your encouragement and support can help your child develop a stronger sense of self and build confidence.

- Mrs. Laura Bush

Encouraging Learning and School Participation

Education works best when teachers and parents work closely together. Research shows that when parents stay informed about their child’s school activities, they are more likely to be involved. The following series of publications for parents and children, designed to provide parents with the latest research and practical information to help them support their children and ensure their children’s success in school and in life.

- As children enter middle grades, parents sometimes feel unprepared for the challenges that arise as their children mature. However, parents should know that they have an important influence on their children at this stage of development.
- While adolescents are feeling insecure in their identity and abilities, parents often feel unprepared for the challenges that arise as their children mature. However, parents should know that they have an important influence on their children.

Early adolescence can be a difficult time for children and parents alike. While children are growing in their identity and abilities, parents often feel unprepared for the challenges that arise as their children mature. However, parents should know that they have an important influence on their children at this stage of development.

Tips for Parents

As children enter middle grades, parents often become less involved in their lives. However, adolescents need as much attention and love from their parents as they did when they were younger—possibly more! Here are some tips to help your child through early adolescence.

- Stay involved in your child’s life, both inside and outside of school.
- Provide both unconditional love and appropriate limits to help your child thrive and feel safe.
- Learn as much as you can about early adolescence; talk with your child about how they feel.
- Encourage your child to be safe, to explore, to have fun, and to learn from their mistakes.
- Provide opportunities for your teenager to succeed.
- Help your child to be honest, to be realistic, and to value your education.
- Work with your child to become aware of the media and how to use the media appropriately.
- Model good behavior.
- Be alert to major problems; and
- Hang in there when times are tough.

We all know that mothers and fathers are the most important teachers of children. Your encouragement and support can help your child develop a stronger sense of self and build confidence.

- Mrs. Laura Bush

Encouraging Learning and School Participation

Education works best when teachers and parents work closely together. Research shows that when parents stay informed about their child’s school activities, they are more likely to be involved. The following series of publications for parents and children, designed to provide parents with the latest research and practical information to help them support their children and ensure their children’s success in school and in life.

- As children enter middle grades, parents sometimes feel unprepared for the challenges that arise as their children mature. However, parents should know that they have an important influence on their children at this stage of development.
- While adolescents are feeling insecure in their identity and abilities, parents often feel unprepared for the challenges that arise as their children mature. However, parents should know that they have an important influence on their children.

Early adolescence can be a difficult time for children and parents alike. While children are growing in their identity and abilities, parents often feel unprepared for the challenges that arise as their children mature. However, parents should know that they have an important influence on their children at this stage of development.

Tips for Parents

As children enter middle grades, parents often become less involved in their lives. However, adolescents need as much attention and love from their parents as they did when they were younger—possibly more! Here are some tips to help your child through early adolescence.

- Stay involved in your child’s life, both inside and outside of school.
- Provide both unconditional love and appropriate limits to help your child thrive and feel safe.
- Learn as much as you can about early adolescence; talk with your child about how they feel.
- Encourage your child to be safe, to explore, to have fun, and to learn from their mistakes.
- Provide opportunities for your teenager to succeed.
- Help your child to be honest, to be realistic, and to value your education.
- Work with your child to become aware of the media and how to use the media appropriately.
- Model good behavior.
- Be alert to major problems; and
- Hang in there when times are tough.

We all know that mothers and fathers are the most important teachers of children. Your encouragement and support can help your child develop a stronger sense of self and build confidence.

- Mrs. Laura Bush

Encouraging Learning and School Participation

Education works best when teachers and parents work closely together. Research shows that when parents stay informed about their child’s school activities, they are more likely to be involved. The following series of publications for parents and children, designed to provide parents with the latest research and practical information to help them support their children and ensure their children’s success in school and in life.

- As children enter middle grades, parents sometimes feel unprepared for the challenges that arise as their children mature. However, parents should know that they have an important influence on their children at this stage of development.
- While adolescents are feeling insecure in their identity and abilities, parents often feel unprepared for the challenges that arise as their children mature. However, parents should know that they have an important influence on their children.