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SELECTING EVIDENCE-BASED INTERVENTIONS: DETERMINING WHAT'S BEST FOR YOU

July 20, 2010

Agenda

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- Intro: Norris Dickard, Office of Safe and Drug-Free Schools
- How do I select an evidence-based program?
- Presentations:
 - SAMHSA :National Registry of Evidence-based Programs and Practices
 - Department of Justice: Blueprints for Violence Prevention
 - Findyouthinfo.gov

SAMHSA'S NATIONAL REGISTRY OF EVIDENCE-BASED PROGRAMS AND PRACTICES (NREPP)

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Working Together to Improve Youth Outcomes

What Is NREPP?

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- A searchable online registry of mental health and substance abuse interventions that have been reviewed and rated by independent reviewers
- New site (www.nrepp.samhsa.gov) launched March 1, 2007
- Assists the public in identifying interventions that
 - ▣ Have been scientifically tested; i.e., have an “evidence base”
 - ▣ Can be readily disseminated to the field
 - ▣ May fit specific needs and resources

Current Status

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- As of May 2010, 163 interventions have been reviewed and posted on the Web site
- Between 3 and 5 new postings per month
- 2010 open submission process
 - 109 interventions submitted
 - 74 met minimum requirements
 - 49 accepted for review

Intervention Summaries

NREPP publishes and posts an intervention summary for each intervention reviewed. Each summary includes:

- Descriptive information
- Quality of Research (QOR) ratings, at the outcome level
- Readiness for Dissemination (RFD) ratings
- A list of studies and materials reviewed
- Contact information to obtain more information on studies and implementation

Background – Why?

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- Organizations – want to provide what works
- Funders – want to pay for what works
- Consumers and families – want to receive what works
- So . . . what works?

Consider This . . .

The NREPP Web site has generated substantial interest among agency stakeholders and the general public:

- **504,488** visitors between 3/1/2007 and 4/1/2010
- Average of more than **13,500** visitors per month

NREPP Submission Process

Minimum Requirements

1. The intervention has produced **one or more positive behavioral outcomes** ($p \leq .05$) in mental health or substance use among individuals, communities, or populations
2. Evidence of these outcomes has been demonstrated in **at least one study using an experimental or quasi-experimental design**

Minimum Requirements Continued

3. The results of these studies have been published in a peer-reviewed journal or other publication or documented in a comprehensive evaluation report
4. Implementation materials, training and support resources, and quality assurance procedures have been developed and are ready for use by the public

Review Approval

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- Interventions that meet minimum requirements are sent to SAMHSA Center for review and approval
- SAMHSA-approved interventions are assigned to Scientific Review Coordinators, who work with the applicants to identify outcomes and submit materials for review

NREPP Review Process

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- Pre-review
- Review
- Reporting

Pre-Review

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- Kick-Off Phone Call
 - ▣ Introductions
 - ▣ Describe review process
 - ▣ Discuss QOR and RFD materials to be reviewed
 - ▣ Ask questions about materials, studies, and other pertinent information

Review

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- QOR review
 - The RC prepares the intervention materials and a summary review packet
 - These are sent to two doctoral-level scientific reviewers to rate Quality of Research
- RFD review
 - Dissemination materials are sent to one program implementation expert and one consumer or provider reviewer to rate Readiness for Dissemination

QOR Rating Criteria (see attachment)

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Reviewers provide ratings, separately for each outcome, on each of the following criteria:

- ⑩ Reliability of measures
- ⑩ Validity of measures
- ⑩ Intervention fidelity
- ⑩ Missing data and attrition
- ⑩ Potential confounding variables
- ⑩ Appropriateness of analysis

RFD Rating Criteria (see attachment)

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1. Availability of implementation materials
2. Availability of training and support resources
3. Availability of quality assurance procedures

Reporting

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- A program summary is created:
 - Descriptive information
 - Descriptions of outcomes and associated key findings
 - QOR and RFD ratings and strengths and weaknesses
- Summary is sent to applicant for review and consent to post on NREPP Web site
- Summary is approved by SAMHSA and posted on NREPP Web site

Using NREPP

- SAMHSA recognizes the descriptive information and ratings provided through the NREPP system are only useful within a broader context that incorporates multiple perspectives
- These perspectives—including clinical, consumer, administrative, fiscal, organizational, and policy—should influence stakeholder decisions about the identification, selection, and successful implementation of evidence-based services

Using NREPP Continued

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- NREPP can be a first step to promoting informed decisionmaking
- Summaries can help you begin to determine whether a particular intervention may meet your needs
- Direct conversations with intervention developers and other contacts are advised
- NREPP ratings do not reflect an intervention's effectiveness. Users should carefully read the Key Findings sections in the intervention summary to understand the research results for each outcome
- NREPP does not provide an exhaustive list of interventions or endorsements of specific interventions

Submission Contact Information

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Individuals and/or organizations interested in submitting an intervention for potential inclusion in NREPP should contact the NREPP contractor, MANILA Consulting Group:

Phone: 1-866-43NREPP (1-866-436-7377)

E-mail: nrepp@samhsa.hhs.gov

BLUEPRINTS FOR VIOLENCE PREVENTION

DEL ELLIOT

CENTER FOR THE STUDY AND PREVENTION
OF VIOLENCE
UNIVERSITY OF COLORADO, BOULDER
WWW.COLORADO.EDU/CSPV/BUEPRINTS

Working Together to Improve Youth Outcomes

THE BLUEPRINT LIST OF PREVENTION PROGRAMS

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- A systematic review of individual program evaluations to identify programs that meet a high scientific standard of effectiveness
- Programs meeting this standard are certified as Model or Promising evidence-based programs
- Only Model programs are considered eligible for widespread dissemination
- Promising programs are appropriate for local implementation; evaluation is desirable

BLUEPRINT WEBSITE

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- List and detailed descriptions of Model and Promising programs
- Interactive search capability by risk/protective factor domain, client population & age, type of intervention and BP program type
- Matrix of top 300 programs showing ratings on federal lists with scientific rating standard used by each agency
- Cost, staffing and contact information for each BP program

WEBSITE UPGRADES

2011

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- All program evaluation reviews in data base will be accessible (N=500+)
- A dissemination readiness rating for each program
- Effect size for high and average fidelity for each BP program
- Summary description of each BP program:
theoretical rationale, type of intervention, risk & protective factors targeted, outcomes targeted, effect size, populations served, costs, readiness rating, potential funding streams, contact information

FindYouthInfo.gov

Evidence-Based Program Directory

Sarah Potter

July 20, 2010

Working Together to Improve Youth Outcomes

Interagency Working Group on Youth Programs: Membership

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- ❑ Corporation for National and Community Service
- ❑ Office of National Drug Control Policy
- ❑ U.S. Department of Agriculture
- ❑ U.S. Department of Commerce
- ❑ U.S. Department of Defense
- ❑ U.S. Department of Education
- ❑ U.S. Department of Health and Human Services (Chair)
- ❑ U.S. Department of Housing and Urban Development
- ❑ U.S. Department of Justice (Vice-Chair)
- ❑ U.S. Department of Labor
- ❑ U.S. Department of the Interior
- ❑ U.S. Department of Transportation

Interagency Working Group on Youth Programs: Activities

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- Create and support a Federal Interagency Website on Youth
- Identify and disseminate effective strategies and practices that support youth
- Promote enhanced collaboration at the Federal, State, and local level
- Develop an overarching strategic plan for federal youth policy

** From Executive Order 13459, "Improving the Coordination and Effectiveness of Youth Programs," and FY 2009 Omnibus Appropriations Act



New Teen Pregnancy Prevention Funding Opportunities

The U.S. Department of Health and Human Services has released new funding opportunities to prevent teen pregnancies and associated risk behaviors. [Click for the full story](#)

Strategic Plan for Youth

What do youth need to be successful?
[Learn More](#) | [Provide Your Input](#)

Map My Community

Map My Community is a tool designed specifically to assist you in locating resources in your community to help you build and strengthen your youth program. Get ideas for new partnerships, identify gaps in your community, and learn about resources to avoid duplication of effort.

[Start Mapping](#)



ANNOUNCEMENTS

June 24, 2010

HHS Announces Mentoring Children of Prisoners Program

The U.S. Department of Health and Human Services' (HHS') Administration for Children and Families is accepting applications for its Mentoring Children of Prisoners Program.

The program supports the creation and maintenance of one-on-one mentoring relationships between children of

Program Directory

[Home](#) > Program Directory

The **Program Directory** is a searchable database of evidence-based, federally-funded youth programs. You can search for programs by risk factor, protective factor, or keyword.

The **Background & Methodology** page describes how the Program Directory was developed, and how programs are evaluated and categorized. This section also includes a description of the meaning of the level assigned to each program.

The **Research** page describes risk and protective factors and how those factors are relevant to youth programs. It includes a bibliography of recent research.

The **Nominate a Program** page explains the process of requesting a program be included in the program.

Search for programs

by Risk Factor

by Protective Factor

Risk Factor:

Search

[View all](#)



What's in the Program Directory

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- Model Programs Guide (DOJ/OJJDP) (youth only)
- National Registry of Evidence-Based Programs and Practices (HHS/SAMHSA) (youth only)
- What Works Clearinghouse (ED)
- Qualified programs reviewed in the literature
- Qualified programs submitted by the public

What's in the Program Directory

Approximately 200 programs that target an at-risk youth population or explicitly aim to prevent or reduce one or more of the following problem behaviors in youth:

- Academic problems
- Aggression/violence
- Youth gang involvement
- Alcohol, tobacco, and other drug use
- Delinquency
- Family functioning
- Gang activity
- Sexual activity/exploitation
- Trauma exposure

Background and Methodology

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- External review panel assesses programs, reviews evidence
 - ▣ DOJ/OJJDP cooperative agreement

- Programs rated using four dimensions of effectiveness:
 - ▣ Conceptual framework
 - ▣ Program fidelity
 - ▣ Evaluation design
 - ▣ Empirical evidence

Risk and Protective Factors

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- Risk factors
 - ▣ Conditions which endanger youth and lead them off track
- Protective Factors
 - ▣ Conditions that promote healthy behaviors and sound decision-making
- Individual
- Family
- School
- Peer
- Community

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Search for programs

by Risk Factor

by Protective Factor

Risk Factor:

- Antisocial behavior and alienation / Delinquent beliefs / General delinquency involvement / Drug dealing
- Community instability
- Dropping out of school**
- Early onset of aggression and/or violence
- Early sexual involvement
- Economic deprivation / Poverty / Residence in a disadvantaged neighborhood
- Family history of problem behavior / Parent criminality
- Family management problems / Poor parental supervision and/or monitoring
- Family transitions
- Family violence
- Favorable attitudes toward drug use/Early onset of AOD use/Alcohol and/or drug use
- Feeling unsafe in the neighborhood

You can search by risk factor, or protective factor, or browse all evidence-based programs in the directory. Here, we are searching by the risk factor, "Dropping out of school" to find programs that address this issue.

Mission Statement

FindYouthInfo.gov is the U.S. government Web site that helps you create, maintain, and strengthen effective youth programs. Included are youth facts, funding information, and technical assistance.

[Accessibility](#) | [Privacy Policy](#) | [Sitemap](#)



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The result? Twenty-six programs have been evaluated on this risk factor.

Search for programs

[by Risk Factor](#) [by Protective Factor](#)

Risk Factor:

[View all](#)

Searching Programs by Risk Factor - 26 records returned

Level	Program Name	Age Range
Level 3	Across Ages	10 - 12
Level 3	All Children Excel	6 - 15
Level 3	Be a Star	5 - 12
Level 1	Big Brothers Big Sisters	6 - 16
Level 2	Bigs in Schools	9 - 16
Level 3	Boys and Girls Club Gang Prevention Through Targeted Outreach	6 - 18
Level 2	Boys and Girls Club Project Learn	7 - 18
Level 3	Broader Urban Involvement and Leadership Development Program (BUILD)	10 - 17

Positive Action

[Home](#) > [Program Directory](#) > Program Details

Ages: 5 - 18

Rating: Level 2

If you click on a program, like Positive Action, you will learn about the intervention and the evaluation conducted. You will also see the name of a person you can contact to learn more about bringing this program to your community.

Intervention:

Developed by Carol Gerber Allred, Ph.D. of Positive Action Inc., the Positive Action (PA) program is a nationally recognized, evidence-based program that has been improving academics, behavior, and character for the benefit of individuals, families, schools, and communities for 25 years. PA uses an audience-appropriate, curriculum-based approach to effectively increase positive behaviors and decrease negative behaviors. PA relies on intrinsic motivation for developing and maintaining positive behavioral patterns and teaches the skills for learning and motivation for achieving success and happiness for everyone. The universal premise, that you feel good about yourself when you do positive actions and there is always a positive way to do everything, is represented by the self-reinforcing "Thoughts-Actions-Feelings" Circle- positive thoughts lead to positive actions, positive actions, lead to positive feelings about ones self, and positive feeling lead to more positive thoughts.

Since 1982, PA has successfully been implemented in more than 15,500 national and international alternative and mainstream settings. It encompasses all ages, genders, ethnicities, cultures, and socio-economic levels in rural, suburban, and urban areas. PA is not limited to only K-12 classroom settings. The program is successfully utilized in before- and after-school programs, social service agencies, detention centers, home schooling, youth programs, family and juvenile justice agencies, penal institutions, probation and parole settings, mental health and welfare agencies, faith-based organizations, public housing developments, and other programs specifically for high, at-risk, special-needs, and disadvantaged individuals, families, schools, and communities/ The versatile, universal and flexible nature of the PA concepts and components make it an ideal program for any setting.

The program has been delivered to, and found to be effective with the diverse ethnic and racial groups, it has also been delivered

How to Nominate a Program for Inclusion in the Program Directory

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- ❑ Fill out the online nomination submission form (available at http://www2.dsgonline.com/mpg/fiwy_nomination.aspx). Specify the title of the program.
- ❑ Email all relevant peer-reviewed publications or reports and any documentation (e.g., manuals, process guides, tools, training materials) that describes the details of the program to Stephen Gies at sgies@dsgonline.com. Include the program title as the subject.
- ❑ Be sure to click "**Submit**" after completing the form



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Emerging Directions in EBP

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- New teen pregnancy prevention programs directory
- Providing assistance in replicating EBP
- Exploring strategies for
 - Going beyond “branded” program models
 - Guiding practice when there is little evidence available
 - Positive youth development approaches

CONTACT INFO

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THE END!

