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THE LONGITUDINAL EVALUATION  
OF SCHOOL CHANGE AND  
PERFORMANCE (LESCP)  
IN TITLE I SCHOOLS

FINAL REPORT

VOLUME 1: EXECUTIVE SUMMARY

2001



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**FINAL REPORT**

**VOLUME I: EXECUTIVE SUMMARY**

Prepared for:

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Prepared by:

Westat, Rockville, Md.  
and  
Policy Studies Associates, Washington, D.C.

2001

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July 2001

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# THE LONGITUDINAL EVALUATION OF SCHOOL CHANGE AND PERFORMANCE (LESCP) IN TITLE I SCHOOLS

## OVERVIEW

The Longitudinal Evaluation of School Change and Performance (LESCP) followed the progress of students in 71 high-poverty schools as they moved from third to fifth grade. The study was designed to investigate the impact on student achievement of specific classroom practices fostered by school-, district-, and state-level policies. This longitudinal analysis, conducted between 1996 and 1999 as part of the National Assessment of Title I, especially was intended to test the effects of changes in curriculum and instruction called for by advocates of standards-based reform. Many of these changes were being made in the wake of the 1994 Amendments to Title I of the Elementary and Secondary Education Act, which called on states to adopt challenging academic standards and assessments aligned with these standards by 2001.

Like previous research on Title I, this study clearly demonstrated that student and school poverty adversely affected student achievement in both reading and mathematics. Although most Title I research has sought to identify school practices that can improve student achievement, this was the first major study to examine the impact of standards-based reform practices on student achievement. Students in the LESCOP schools, on average, did not catch up with national norms during the course of the study. The data analysis, however, revealed certain school practices and standards-based policies that were more likely to result in student achievement gains as students moved from the third grade through the fourth and fifth grades. Not all school practices and standards-based policies studied were clearly linked with student achievement gains.

The study found that reading achievement improved faster when two factors were present:

- **Teachers gave high ratings to their professional development in reading.** The growth in student test scores between grades three and five was about 20 percent greater when teachers rated their professional development high than when they gave it a low rating.
- **Third-grade teachers were especially active in outreach to parents of low-achieving students.** Growth in test scores between third and fifth grade was 50 percent higher for those students whose teachers and schools reported high levels of

parental outreach early than students whose teachers and schools reported low levels of parent outreach activities for the third grade.

Conversely, reading achievement was less likely to improve when fifth-grade teachers spent considerable time engaged in basic instruction such as filling out worksheets or reading aloud. Growth in test scores was 10 percent lower when teachers spent a lot of time on basic instruction than when they spent little time engaged in these activities.

Factors that positively affected mathematics achievement gains were the following:

- **Teachers who highly rated their professional development in mathematics.** Growth in test scores between grades three and five was 50 percent higher for those students whose teachers and schools rated their professional development high than when they gave it a low rating.
- **Early teacher outreach to parents of students who initially showed low achievement.** Test scores in mathematics grew between the third and fifth grade at a 40 percent higher rate for students in schools whose teachers reported high levels of parental outreach than students in schools whose teachers reported low levels of parental outreach activities
- **Instructional practices that involved students in more exploration in upper grades.** Growth in test scores between the third and fifth grades was about 17 percent greater for students whose fifth grade teachers reported relatively very high usage of exploration in instruction versus students whose fifth grade teachers reported relatively very low usage.

On the other hand, students' mathematics scores fell further behind when their schools had disproportionately more low-achieving students and teachers were relatively satisfied with their own instruction skills. Teachers' use of standards and assessments had inconsistent effects on mathematics achievement. Students' gain scores were lower than the LESP average in schools where teachers reported knowing and using standards and assessments. One interpretation of these findings is that schools that initially paid the highest level of attention to standards and assessments might have been the schools where poor student performance was a problem.

Achieving higher levels of implementation on the significant variables can have important impacts for student achievement growth. For example, in mathematics, the 2-year gain would be 18 points higher if both the student's own teacher and the average of all teachers in the school gave very high ratings to professional development (at the 90th percentile for all teachers and schools in the sample) as opposed to very low ratings (at the 10th percentile). An 18-point differential is sizable compared with a

46-point average, 2-year gain in mathematics for all schools. For the variable of outreach to the parents of low achievers, the 90th to 10th percentile differential would translate into a 17-point gain for students who were initially low achieving.

## **BACKGROUND**

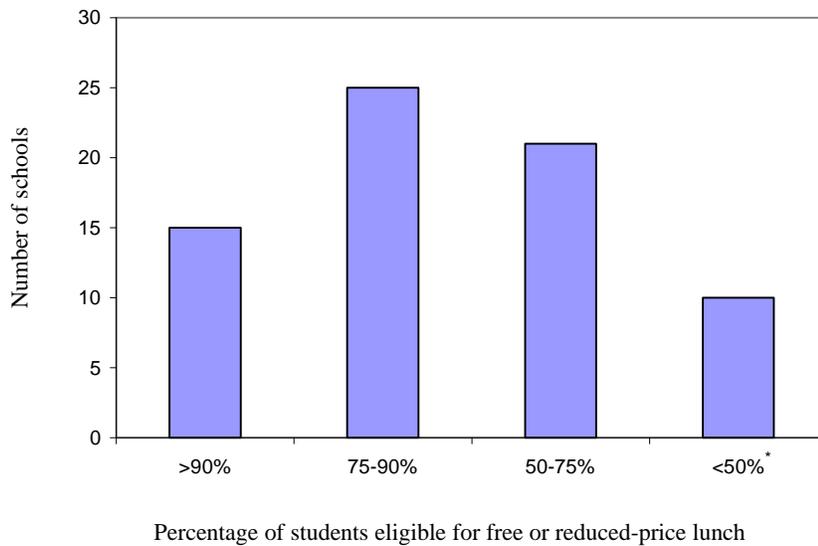
Title I is the major federal program designed to improve learning and achievement among elementary and secondary students in high-poverty schools. Where poverty is at least 50 percent, the school may use Title I funds for schoolwide improvements benefiting its at-risk students. The 1994 amendments to Title I were enacted to help students who are failing, or most at risk of failing, to meet challenging academic standards. The amendments charged states with developing or adopting challenging standards for what students need to learn and at what level of proficiency. To measure how well students and schools are meeting these standards, states also must administer assessments aligned with these standards. Like other federal education policies, Title I does not prescribe how to raise student achievement; rather, its impact depends on how states and districts reform curriculum and instructional practices to meet their academic standards. When this study began in 1996, few states, districts, or schools had begun to implement standards-based reform programs, much less demonstrate their effectiveness. Consequently, measurable effects on student achievement could only be expected in schools and classrooms that had instituted reforms at least several years earlier.

Because of this, the schools selected for this study were not intended to be statistically representative of high-poverty schools at the national or the local level. The 71 schools, all of which received Title I funds as high-poverty schools, were in 18 school districts in 7 states where standards-based reforms, including assessments and accountability provisions, either were under way before 1996 or began while the study was in progress. Although all of the schools were affected by reform policies involving standards, assessments, and accountability, the policies and the speed and thoroughness of implementation varied. Nonetheless, because these schools had been putting reforms into practice for some time, their experiences provided a good picture of how standards-based reform has played out in high-poverty schools and offer valuable lessons about standards-based practices that can improve student achievement.

Of the 71 schools, 59 were operating schoolwide programs in 1998–99, in which Title I funds can be used for the benefit of all students rather than being targeted to selected students. This

reflected, in part, the high-poverty levels of participating schools (see Figure 1): 15 schools had more than 90 percent of their students living in poverty, 25 schools had between 75 percent and 90 percent, 21 schools between 50 percent and 75 percent, and 10 schools fewer than 50 percent. In all schools, the poverty rate was higher than 35 percent.

Figure 1. Poverty level of schools in the LESCP sample (n=71)



\*In all LESCP schools, the poverty rate was higher than 35 percent.

### School and Classroom Variables

This study drew on several sources of data: standardized reading and mathematics achievement test scores,<sup>1</sup> teacher surveys, district administrator and principal interviews, classroom observations, focus groups of school staff and parents, and documents regarding school districts' policies related to standards-based reform. It traced the students' achievement scores and examined the effect of a number of student and school-level variables involving school practices, teacher preparation, and reform

<sup>1</sup> The SAT-9 scores provided a uniform measure of student scores and gains across the whole sample, enabling the study team to make comparisons among all the schools and classrooms. Because Title I emphasizes attainment of state standards, however, the SAT-9 would not be a good choice for this purpose if it measured content that was not closely related to the states' own expectations for students. Therefore, the study team used data from state assessments to gauge whether student performance on the SAT-9 had a reasonably good relationship to performance on the knowledge and skills that the states were measuring. The researchers correlated schools' performance on the SAT-9 with their performance on the state assessment by comparing how the school did on each measure in relation to the other LESCP schools in the state. In five of the seven states, there was good correlation between relative rankings by SAT-9 and relative rankings by state assessments. Thus, while SAT-9 does not map perfectly onto the content and skills measured by all states, it appeared to provide a good substitute for state assessments in the analysis of student achievement.

policies on both initial achievement and changes over time.<sup>2</sup> Data were analyzed for both individual teachers and entire schools. Information about teachers' curriculum and instructional practices can be held up against student achievement to show which practices may have an effect on achievement gains. School-level data are important because some potentially effective instructional influences on learning may come from aspects of the whole school environment or from the broader district- or state-level policy environment. Students' achievement, when examined against particular practices in their classrooms and schools, provides valuable evidence about the impact of these practices.

Most variables were derived from teachers' survey responses about their familiarity, beliefs, practices, and preparation related to standards-based reform. The questions addressed specific parts of an overall vision of standards-based reform: a framework of content and performance standards, together with assessments and curriculum keyed to those standards, that would command attention and guide classroom practice; curriculum and instruction designed to engage students in relatively advanced academic tasks rather than on rote drill and practice; teachers prepared to teach in new ways, having participated in professional development geared to the standards and assessments; and active communication between school and home.<sup>3</sup> The researchers organized the responses into index variables—combinations of the teacher's answers to survey questions that were closely related to each other, statistically as well as conceptually. (Appendixes B and D in Volume 2 of the report describe the statistical properties of each index.)

Several variables that were intended to measure the level of activity in standards-based reform were based on an analysis of district and school policy documents. Although the study was not designed to investigate policy environments intensively, and no data were collected at the state level, it was still possible to use this documentary evidence to identify significant differences among the districts. Based on the policies described in these documents and data published in *Quality Counts*, the annual

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<sup>2</sup> The study did not focus on other kinds of school variables such as very small class size (because the sample did not include many very small classes) or the use of comprehensive models for school reform (because only a few schools in the sample were using them).

<sup>3</sup> The interrelated parts of a standards-based reform vision are described in J. O'Day and M.S. Smith. (1993). "Systemic reform and educational opportunity," in S. Fuhrman (Ed.) *Designing coherent education policy*. San Francisco: Jossey-Bass, pp. 250-312, and in L.B. Resnick and K.J. Nolan. (1995). "Standards for education," in D. Ravitch (Ed.), *Debating the future of American education: Do we need national standards and assessments?* Washington, D.C.: Brookings Institution. Other sources for the variables measured in this study included work on curriculum and instruction, such as A. Porter. (1998). *A curriculum out of balance: The case of elementary school mathematics*. East Lansing, MI.: Institute for Research on Teaching, College of Education, Michigan State University; and M.S. Knapp and P.M. Shields, (Eds.), (1990). *Better schooling for the children of poverty: Alternatives to conventional wisdom, Volume II: Commissioned papers and literature review*. Washington, D.C.: U.S. Department of Education; and work on parent and family involvement such as S.L. Dauber and J.L. Epstein. (1993). "Parent attitudes and practices of involvement in inner-city elementary and middle schools," in A.T. Henderson and N. Berla (Eds.), *A new generation of evidence: The family is crucial to student achievement*, Washington, D.C.: Center for Law and Education; and U.S. Department of Education. (1994). *Strong families, strong schools: Building community partnerships for learning*. Washington, D.C.: Author.

*Education Week* status report on the implementation of standards, districts could be classified as falling at the high or low end on specific aspects of standards-based reform.

The study used a statistical technique called hierarchical linear modeling (HLM), which makes it possible to isolate and measure the effect of each independent variable on an outcome. (Appendix A in Volume 2 describes the HLM analysis.) This statistical technique enabled researchers to identify whether each variable had a significant, independent relationship to achievement. The technique also allowed them to estimate how many points higher or lower a student would score if a variable were present to an especially great degree in a classroom or school, relative to the rest of the LESCO sample. Although the effect of each variable was isolated for the study, in actual schools and classrooms, the different variables occur together, creating overall instructional conditions in which students learn. The bottom line for students, then, is a combination of all the positive or negative influences on achievement.

The school and classroom practice variables tested as possible contributors to students' test scores and gains were the following:

- **Visibility of Standards and Assessments.** This variable was based on responses regarding teachers' familiarity with their state or district content standards, curriculum frameworks, student assessments, and performance standards for mathematics and reading, as well as their perceptions about how their curriculum reflected each of these elements.
- **Basic Instruction in Upper Elementary School Grades.** This variable drew on responses regarding how much time students spent in more basic, rather than advanced, activities in reading instruction, such as reading aloud, completing workbooks or skill-sheet assignments, practicing phonics, and practicing word attack.
- **Preparation for Instruction.** This variable drew on responses about how well prepared teachers considered themselves to use small-group reading and mathematics instruction; take into account students' existing skill levels when planning curriculum and instruction; integrate reading or mathematics instruction into other content areas; use a variety of assessment strategies; and teach groups that are heterogeneous in ability.
- **Exploration in Instruction.** This variable, specific to mathematics, was developed from teachers' responses about how much they used manipulatives to demonstrate concepts in mathematics and discuss multiple approaches to solve a problem. The variable also covered the frequency with which their students worked on problems in small groups, had whole-class discussions about solutions developed in small groups, had student-led whole group discussions, represent and analyze relationships using tables and graphs, responded to questions or assignments that required writing at least

a paragraph, worked with manipulatives, and worked on projects and assignments that take a week or more to finish.

- **Presentation and Practice in Instruction.** This variable, also specific to mathematics, was based on responses about the extent to which teachers used relatively conventional instructional activities, such as lectures or presentations, whole-group discussions, demonstrations of exercises on the board, and tests. This variable also addressed how often teachers had students respond orally to questions, work individually on written assignments or worksheets in class, and practice or drill on computational skills.
- **Rating of Professional Development.** This variable drew on teachers' opinions about the quality of their professional development in reading and mathematics content and in instructional strategies. This variable also covered teachers' opinions about how well their professional development reflected their school's or department's plans to change practice; supported reform efforts in their school; supported state or district standards or curriculum frameworks; supported state or district assessments; bolstered their confidence in using new pedagogical approaches; and enhanced their ability to adapt their teaching to state assessment requirements, state standards, or curriculum framework requirements.
- **Outreach to Low-Achievers' Parents.** This variable measured the extent to which teachers communicated with parents of low-achieving students through face-to-face meetings, sent them materials on ways to help their child at home, and telephoned them when their child was having problems and, more routinely, when there were no problems.
- **Focus on Assessment and Accountability.** This variable, which characterized districts that were especially active in measurement-related reforms, combined several items concerning the reporting and the consequences of assessments: whether the district reported assessment data in terms of proficiency levels; whether the district publicly reported school and district achievement status in readable and understandable formats using data disaggregated for at least two demographic groups by 1998; and whether schools in the state or district were subject to sanctions or rewards based on student performance as of 1997.<sup>4</sup>
- **Standards, Consequences, and Plans.** This somewhat broader variable combined the enactment of standards and accountability policies with the citation of these policies in school and district improvement plans. It summarized a number of district-level items: whether the state or district had enacted content standards in reading and mathematics by 1997; whether schools were subject to state or district sanctions or rewards based on student performance as of 1997; whether district and school improvement plans consistently referred to content standards in all 3 years of the

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<sup>4</sup> A total of 34 schools were in "high" districts, and 20 were in "low" districts.

study; and whether district and school improvement plans consistently set specific goals linked to required assessments in all 3 years.<sup>5</sup>

## KEY FINDINGS

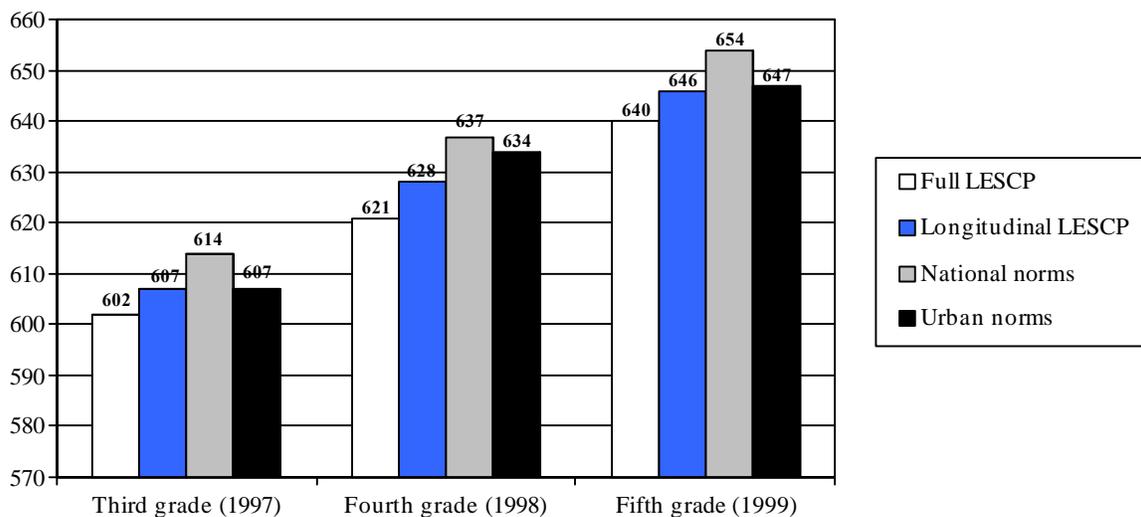
The findings of this study are presented here in four sections. The first section reviews findings having to do with the effects of poverty on students' mathematics and reading achievement. The next two sections summarize the effects of school and classroom practices on reading and mathematics achievement. A final section presents findings on the effects of the policy environment of instructional practices.

### Effects of Poverty on Students' Reading and Mathematics Achievement

Individual and school poverty had a clear, negative effect on student achievement.

- On average, students in the LESC sample scored below national norms and urban norms in all years and grades tested (see Figure 2).

Figure 2. LESC scores relative to national and urban norms for closed-ended reading\*

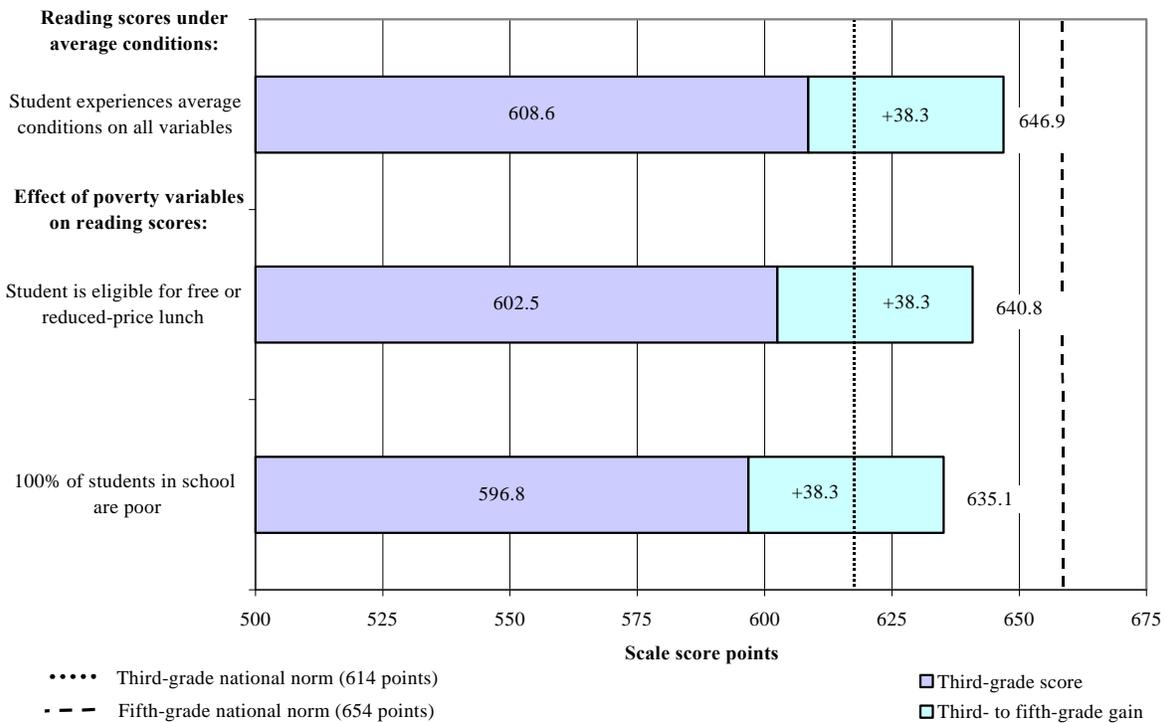


\* This figure presents two different groups of students who were tested as part of LESC. The “full LESC” refers to all students tested in a particular grade for a particular year (e.g., third graders in 1997). The “longitudinal LESC” refers to only those students who were tested three times: as third graders in 1997, fourth graders in 1998, and fifth graders in 1999.

<sup>5</sup> Twenty-six schools were in high districts, and eight were in low districts.

- ✓ Students in the LESCP schools had average reading scores of 602 in third grade and 640 in fifth grade, compared with national norms of 614 in third grade and 654 in fifth grade.<sup>6</sup>
- ✓ Students in the LESCP schools had average mathematics scores of 593 in third grade and 640 in fifth grade, compared with national norms of 600 and 646.
- Students who **lived in poverty** (i.e., were eligible for free or reduced-price lunch) did significantly worse initially on the reading and mathematics tests than other students in this sample.<sup>7</sup> The analysis showed that a student whose teachers and school were at the average for every variable measured, but who came from a poor family, would
  - ✓ Have a third-grade reading score 6.1 points below the average for the sample. Such a student then would make gains at an average pace (if no other variable departed from the average value), neither closing the gap nor falling further behind in reading (see Figure 3).

Figure 3. Effect of poverty on LESCP student achievement on the SAT-9 in reading, third to fifth grade



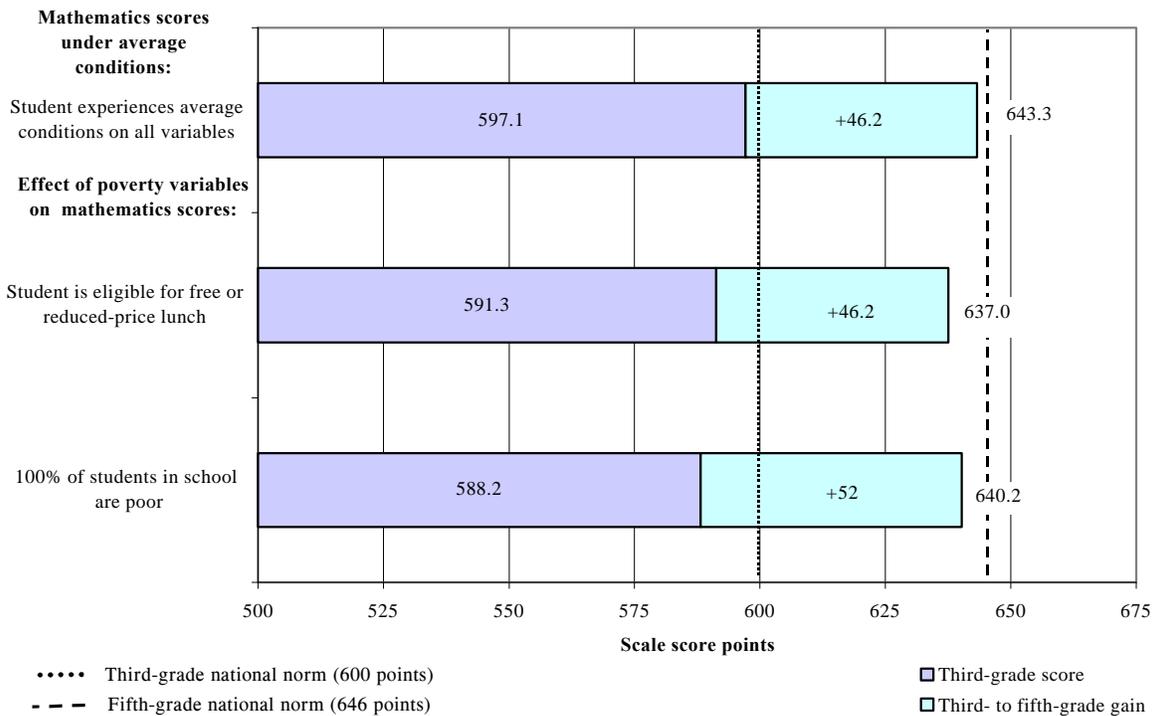
**Figure reads:** A student who experiences average conditions on all variables has a predicted third-grade score of 608.6 and a predicted fifth-grade score of 646.9 (gain of 38.3). Both scores are below the national norms for that grade. A student who is eligible for free or reduced-price lunch has a predicted third-grade score of 602.5 and a predicted fifth-grade score of 640.8 (gain of 38.3).

<sup>6</sup> Because these are scale scores, which generally rise with each year that a student advances, a typical student would start out with a score of around 614 and gain about 40 points over 2 years.

<sup>7</sup> This finding is consistent with other research on Title I schools. See, for example, M.J. Puma, N. Karweit, C. Price, A. Ricciuti, W. Thompsen, and M. Vaden-Kiernan. (1997). *Prospects: Final report on student outcomes*. Washington, D.C.: U.S. Department of Education.

- ✓ Score 5.8 points below the average third-grade student in this sample on the mathematics test, with all other variables held constant (see Figure 4).
- **Students who attended schools with the highest percentages of poor students performed**
  - ✓ Worse initially on the reading test than their peers.<sup>8</sup> In a school where 100 percent of students were eligible for free or reduced-price lunch, a student's third-grade reading score would be 11.8 points below the average for the sample, holding all the other variables constant. However, school poverty by itself did not affect the pace at which students gained in reading. These students would neither close the gap nor fall farther behind if all other variables were at average values for the sample.
  - ✓ 8.9 points below the average on the mathematics test in third grade. However, the students in these schools partially closed this initial gap, gaining 5.8 more points than an average LESCP student by the end of fifth grade.

Figure 4. Effect of poverty on LESCP student achievement on the SAT-9 in mathematics, third to fifth grade



**Figure reads:** A student who experiences average conditions on all variables has a predicted third-grade score of 597.1 and a predicted fifth-grade score of 643.3 (gain of 46.2). Both scores are below the national norms for that grade. A student who is eligible for free or reduced-price lunch has a predicted third-grade score of 591.3 and a predicted fifth-grade score of 637.5 (gain of 46.2).

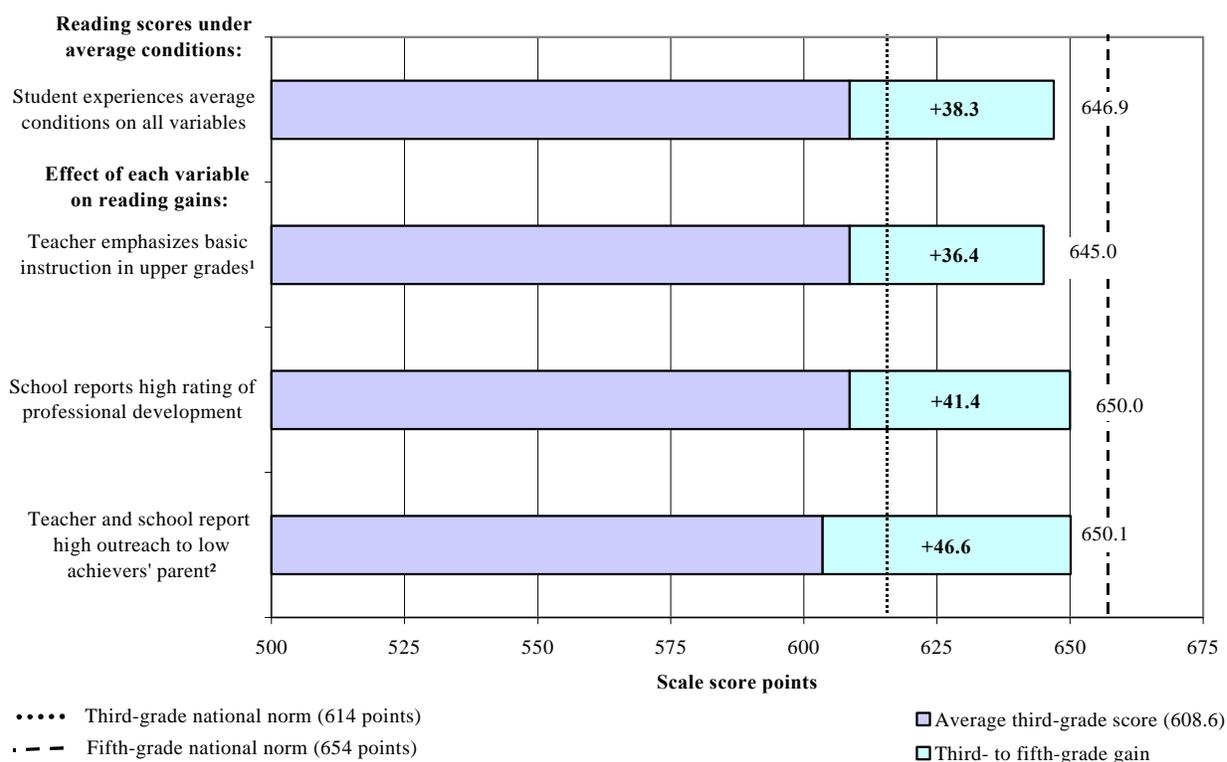
<sup>8</sup> Again, this finding is consistent with the earlier work of Puma and colleagues (1997), among others.

## Effects of School and Classroom Practices on Reading Achievement

**When third-grade teachers were especially active in outreach to low achievers' parents, students made faster gains** in reading over the next 2 years, gaining 4.6 points more than students whose teachers made only an average amount of outreach.<sup>9</sup> In addition, in schools where all third-grade teachers were especially active in outreach to low achievers' parents, students gained an additional 3.7 points by fifth grade. Third-grade classrooms with generally low achievement tended to be the ones in which teachers reported contacting more parents of low achievers.

**When teachers gave higher ratings to their professional development in reading, students gained 3.1 points more than average** during 2 years in school (see Figure 5). This occurred when teachers described their professional development as matching the school's reform plan, focusing on standards and assessments, and boosting their confidence in using new approaches.

Figure 5. LESCP student achievement gains on the SAT-9 closed-ended reading test, third to fifth grade



<sup>1</sup> Teachers emphasizing basic instruction spend more time with worksheets, reading aloud, and other types of relatively routine skill practice.

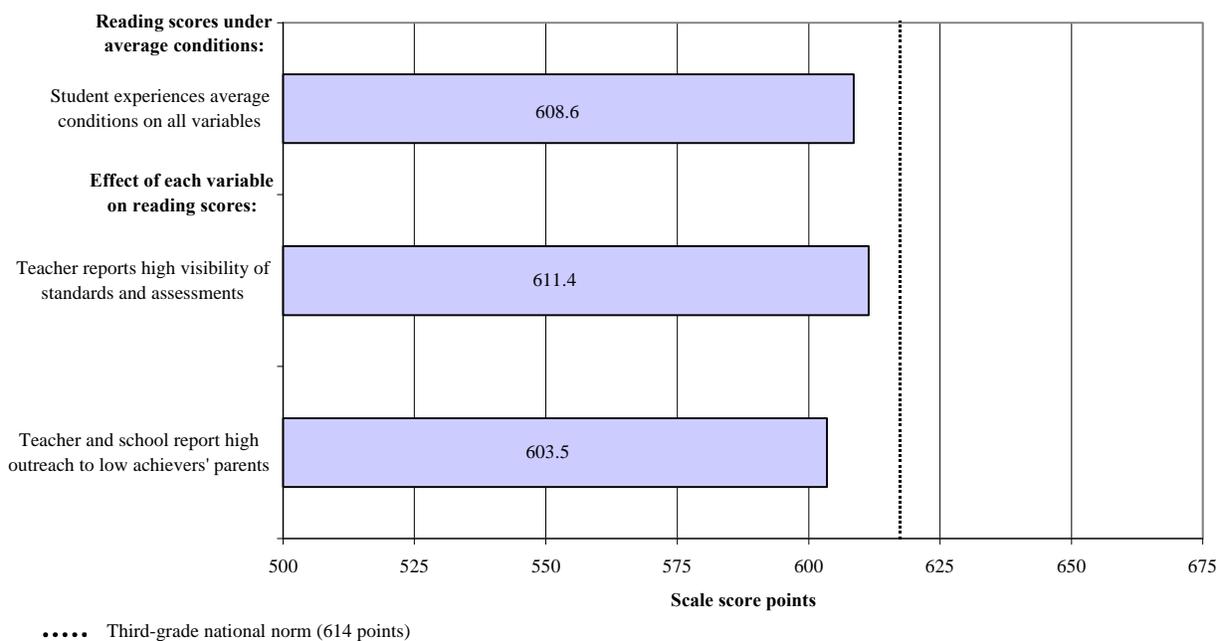
<sup>2</sup> Outreach to low achievers' parents measured in third grade was associated with both the predicted third-grade score and the score gain from third to fifth grade. For that variable, the figure reflects a significant difference in the predicted third-grade score (603.5) rather than the average third-grade score (608.6).

<sup>9</sup> We use the 90th percentile of teacher responses to illustrate the size of the effect associated with each instructional variable.

**Students whose fifth-grade teachers reported spending more time instructing the class at a basic level in reading with worksheets, reading aloud, and other types of relatively routine skill practice gained 1.9 points less on average than those whose teachers spent an average amount of time working at that level.** This result appears to support the theory that continuous instruction in basics at the upper elementary level impedes students' progress. Another possible explanation for the result is that teachers whose students showed weaker reading skills in fifth grade felt the need to reinforce some basic skills such as phonics.

**Students' initial reading scores tended to be higher in classrooms where teachers reported they were aware of and implementing the policies of standards-based reform** (see Figure 6). When third-grade teachers reported very high visibility of standards and assessments and said that they believed their curriculum reflected these policies, their students scored 2.8 points above the LESCP average in the third grade.

Figure 6. LESCP-predicted score on the SAT-9 closed-ended reading test, third grade



**Figure reads:** A student who experiences average conditions on all variables has a predicted third-grade score of 608.6, below the national norm. For a student whose teacher reports high visibility of standards and assessments, the HLM model predicts a third-grade score of 611.4 (2.8 points higher).

**The best combination of circumstances for reading achievement gains was the following:**

- Less use of basic instruction in upper elementary school grades,
- Higher teacher ratings of professional development,
- More intense outreach to parents of low achievers, and
- Higher visibility of standards and assessments in third grade.

The sample included 110 students whose classrooms and schools offered exactly this combination of circumstances. These students, who started out 10.6 points behind their peers and 18 points below national norms, narrowed the gap to end up 4.9 points behind their peers and 12 points below national norms.

## **Effects of School and Classroom Practices on Mathematics Achievement**

**Students of fifth-grade teachers who reported higher levels of exploration in mathematics instruction gained 3.6 points more than the average on mathematics tests over 2 years.**<sup>10</sup> Implementation of reforms that call for more student-initiated activities and more complicated assignments in mathematics appeared to have a positive relationship to student gains. However, instruction that involved more exploration may have been offered to classes that showed greater skill in mathematics (see Figure 7).

**Teachers' ratings of their professional development consistently were related to greater student gains in mathematics.** When all fourth-grade teachers gave high ratings to professional development in mathematics (saying it was well matched to reform plans, standards, and assessments and that they had learned from it), students' gains exceeded the average by 3.9 points. A similarly high rating from a fifth-grade teacher was associated with an additional boost of 3 points.

**Outreach to parents was related to mathematics achievement gains for one subgroup of students, those who initially showed low achievement.** It is possible that when teachers involved low-achieving students' parents early on, students were able to resolve their learning difficulties before they multiplied and went on to raise their test scores.

**Schools with more low-achieving third graders relative to the rest of the sample fell further behind in mathematics over the course of the study.** With all other variables held constant, the schools at the low end on student performance in third grade had gains that were 10.8 points below the average for the sample. Apparently, the presence of large numbers of low-achieving students either depressed gains for all students or was an indicator of generally unfavorable educational conditions in the school.

**Students of teachers who expressed high confidence in their preparation for specific kinds of mathematics instruction gained 5.2 points less than average.** To explain this surprising finding, one can speculate that the teachers who had not changed their practices in some years would report greater levels of comfort about their own preparation, whereas ambitious changes in instruction might have given teachers doubts about their own skills at the same time as they provided good environments for student learning.

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<sup>10</sup> Again, we use the 90th percentile of teacher responses to illustrate the size of the effect associated with each instructional variable.

Figure 7. LESCP student achievement gains on the SAT-9 closed-ended mathematics test, third to fifth grade

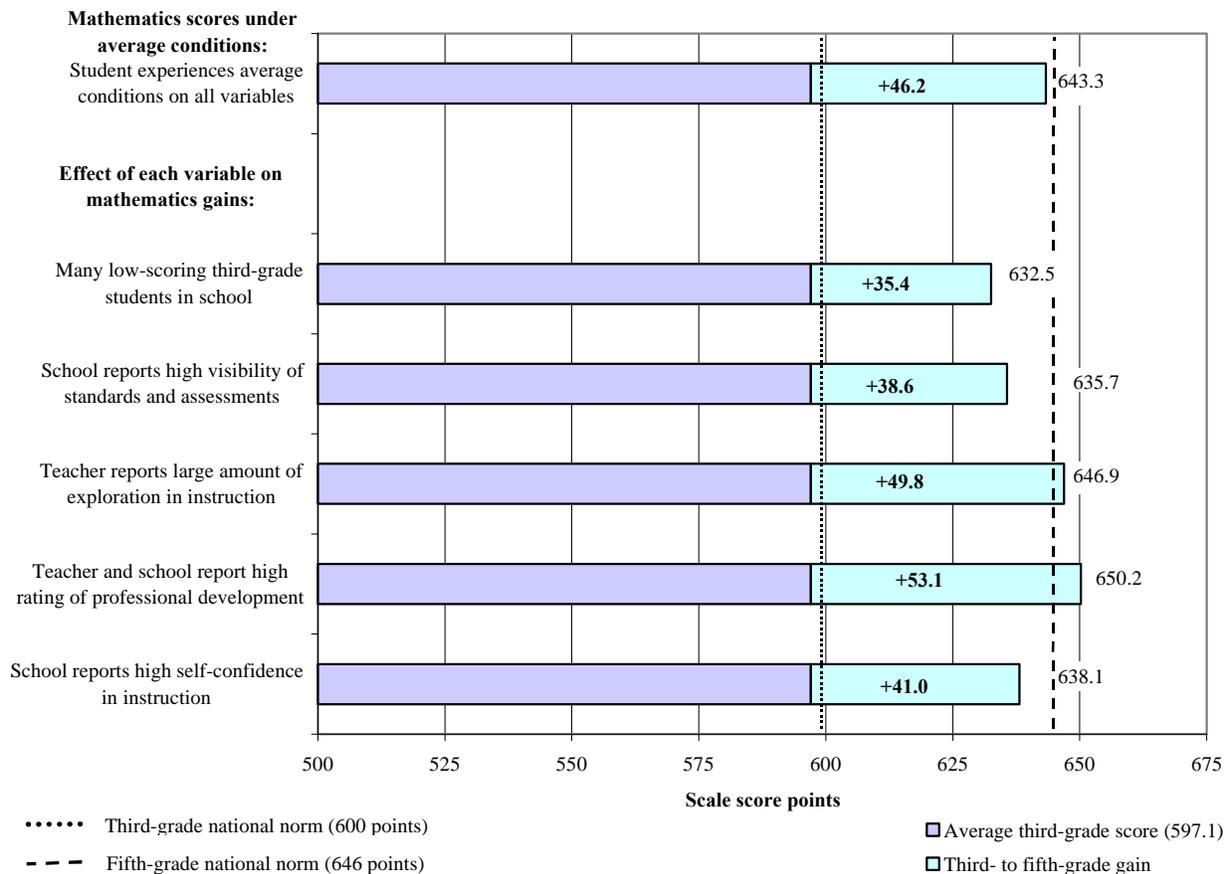
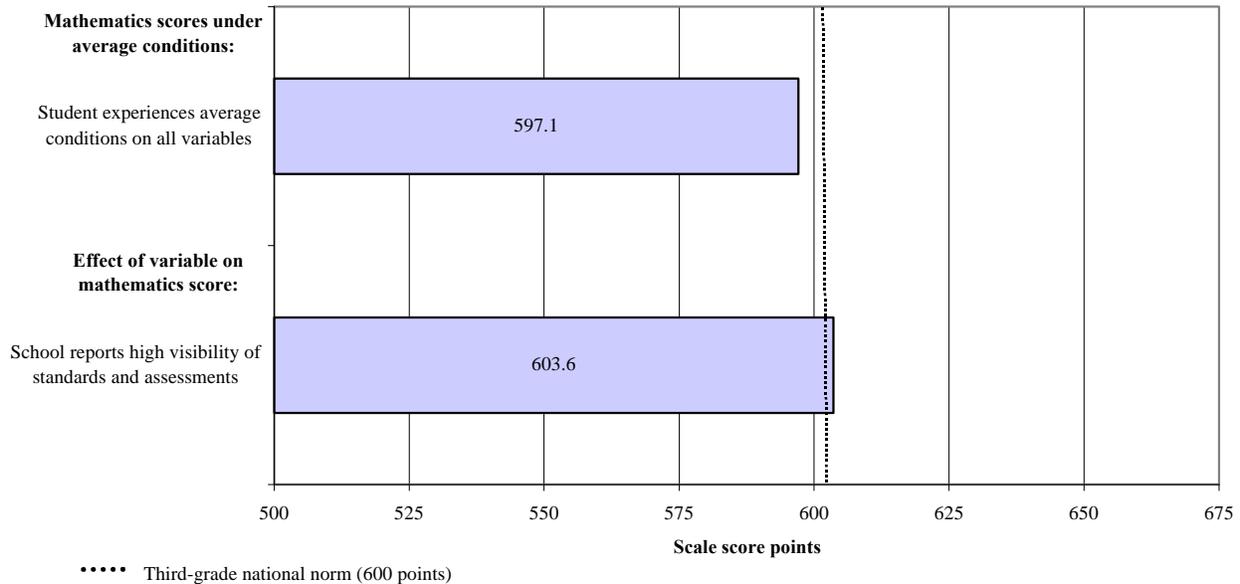


Figure reads: A student who experiences average conditions on all variables has a predicted gain of 46.2 points from third to fifth grade, resulting in a predicted fifth-grade score of 643.3. A student whose teacher reports a large amount of exploration in instruction has a predicted gain of 49.8 points, with a predicted fifth-grade score of 646.9.

**The visibility of standards and assessments had an inconclusive effect on students' mathematics achievement.** On the one hand, students in schools where teachers reported knowing and using standards and assessments showed student gains that were 7.6 points less than average. On the other hand, third-grade mathematics scores were 6.5 points higher in those schools where third-grade teachers reported the highest visibility of standards and assessments in 1997 (see Figure 8). This puzzling combination of findings might reflect changes in the policy climate during the late 1990s. In 1997, the schools adhering most closely to standards and assessments might have included those that were especially alert to professional trends. As standards-based reform became more prominent, schools with the highest levels of attention to standards and assessments might have been, increasingly, the schools where poor student performance was a problem.

Figure 8. LESCP-predicted score on SAT-9 closed-ended mathematics test, third grade



**Figure reads:** A student who experiences average conditions on all variables has a predicted third-grade score of 597.1, below the national norm. For a student whose school reports high visibility of standards and assessments, the HLM model predicts a third-grade score of 603.6 (6.5 points higher), above the national norm.

**The best combination of circumstances for mathematics gains was the following:**

- Relatively higher amounts of exploration in instruction,
- A teacher who believed he or she had more to learn in mathematics instruction, and
- Higher teacher ratings of professional development.

Students who experienced this combination of instructional variables, starting out 18 points behind their counterparts in the LESCP sample and 20 points below national norms, would close 40 percent of the gap between themselves and the longitudinal sample and about 50 percent of the gap between their scores and national norms.<sup>11</sup>

<sup>11</sup> For simplicity, the variable of visibility of standards and assessments is left out of this analysis because its effects were mixed. Strictly interpreted, the data suggest that students would do better if their schools were initially very attuned to standards and assessments (relative to the rest of the sample) but then did not keep pace with the other schools in intensifying their attention to these policies.

## Effects of the Policy Environment on Instructional Practices

**In general, instructional practices associated with student achievement gains were equally accessible to all students in the LESCP sample, including those from relatively lower income families, lower achieving students, and students in schools serving comparatively worse-off families.** Thus, within the limited range of poverty and achievement found in this sample, there were no systematic differences in equity of access to these instructional practices.

**Teachers in districts and states that emphasized assessment and accountability were more likely to report having received high-quality professional development in mathematics,** which was associated with greater student gains in mathematics (see Figure 9).

**Teachers in districts and states that combined reforms in standards, consequences, and plans reported more visible standards and assessments in mathematics and rated professional development in both reading and mathematics highly.**

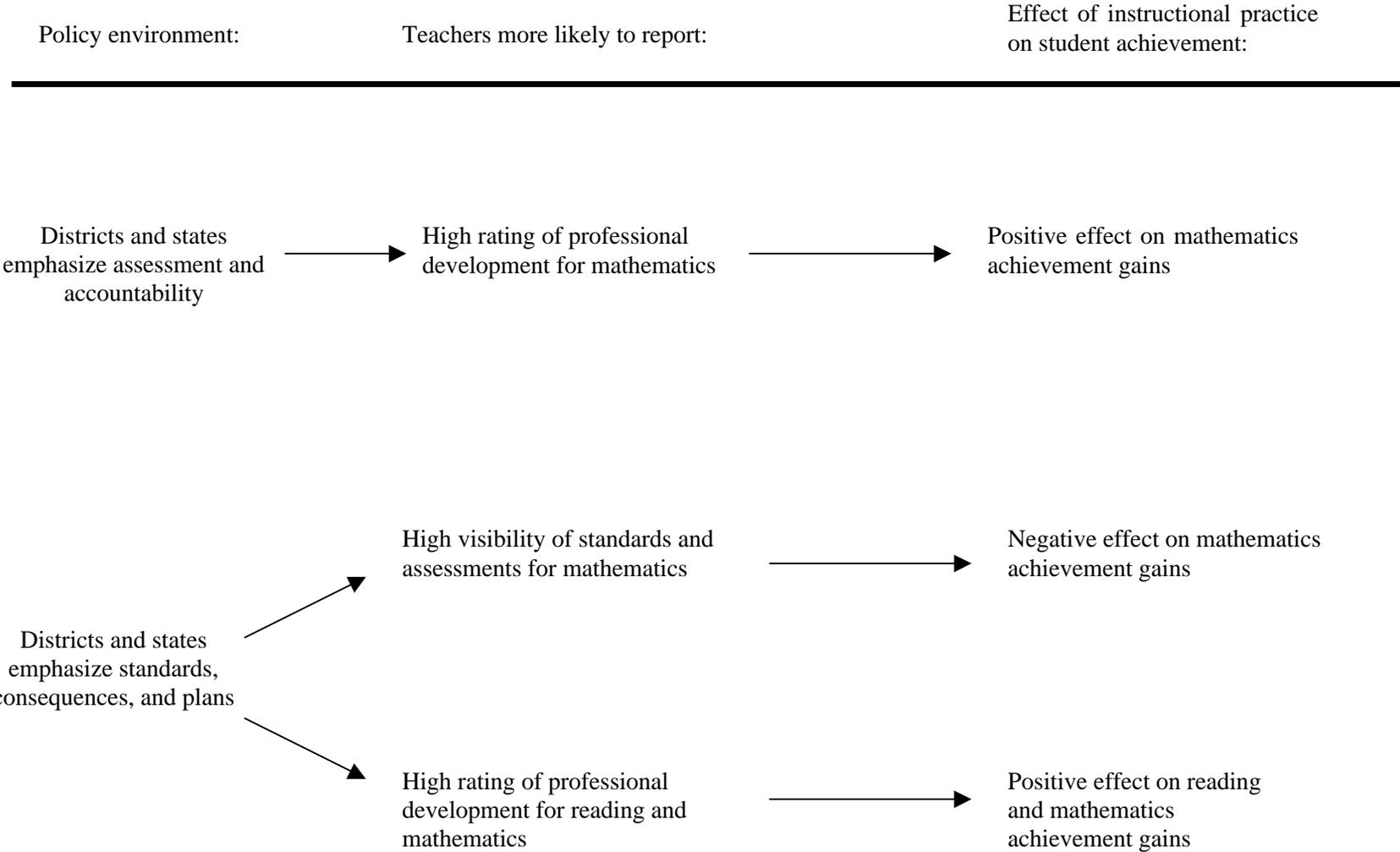
- In reading, the favorable rating for professional development worked in favor of student achievement gains.
- In mathematics, the visibility of standards and assessments had a mixed effect on achievement, but the rating of professional development was associated with greater gains.

## CONCLUSIONS

This study identified school practices and state or local policies that contributed to higher student achievement and greater achievement gains in Title I elementary schools in states and districts that had been engaged in standards-based reform for some time. Several school practices ranging from high-quality professional development and highly visible standards and assessments to less basic instruction and more intense outreach to low-achievers' parents had positive effects on student achievement in reading and mathematics.

The larger education policy environment appeared to contribute to the ways in which teachers experienced elements of reform. In those states and districts that combined several standards-based reforms—the enactment of standards, accountability for schools, and plans that referred specifically to standards—teachers described their professional development as well matched to standards and assessments, and said that they had learned from that professional development. Their students, in turn, made greater gains in reading and mathematics.

Figure 9. Relationship between policy environments and favorable instructional practices



The study's findings lend some support to the policy position that a framework, including standards, assessments, and professional development, can improve student achievement when teachers are engaged with that framework. In particular, students did better when teachers reported that their professional development was coordinated with standards and assessments. Teachers' reports that they knew and used standards and assessments had a mixed relationship to student performance. Outreach to the parents of low-achieving students was of long-term benefit to reading achievement for all students and to mathematics achievement for low-achieving students. More challenging curriculum and instruction were associated, in general, with greater student gains in both subjects. All these instructional conditions could combine to help mitigate the serious negative effects of poverty, at both the student and school levels, on achievement. An additional investigation along these lines is being conducted through the development of intensive case studies of high-performing LESP schools. These cases studies will focus on teachers' curriculum and instruction in two sets of schools: high-poverty schools that were consistently high performing throughout the LESP study and high-poverty schools that showed significant gains in student performance during the LESP study.

It bears repeating that the data were drawn from a select sample of high-poverty schools that was neither representative nor random. However, because the schools in this sample were among the earliest to begin implementing elements of standards-based reform, they offer a robust set of data for policymakers considering how to advance standards-based reform on a national level. Drawn from several different states, the sampled schools reflect a range of conditions and are likely to illustrate relationships that would be found around the country. As such, this study's findings can help suggest ways that all students can achieve high standards.